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# Company results for 'Granola and Muesli' under 'Cariboo'

## Lake Country Harvest - 250-766-1373

**Contact:** Paula Diakiw

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**Phone:** 250-766-1373

**Cell:**

**Fax:**

**Email:**

**Website:** <http://www.lakecountryharvest.com>

**Address:**

6948 McCoubrey Road

Lake Country, BC

V4V 2L3

**Regions Supplied:** All of BC

**Company Notes:**

**Products Available:**

Gluten -Free Muesli -

**Apple Chips - Year Round**

Apple Chips 30g and 105g size bags available. Okanagan apples are the best! From MacIntosh and Spartan, to specially requested varieties, we slice and dry them into apple chips without any additives.

**Baby Beavers Peacans - Fall Winter**

Seasonal treat of pecans, fresh creamery caramel and chocolate. Look for us in November/December, or order some now!

**Creamy Caramels - Fall Winter**

A fall/winter treat of cubes of fresh caramel, robed in good chocolate and sprinkled with specialty salts.

**Dried Fruits - Year Round**

Dried Cherries, Dried Montmorency and Danube (Sour) Cherries, Dried Blueberries, Dried Plums, Pineapple Crisps, Peach Chips  
Dried Apples, Dried Pears, Dried Apricots and Dried Organic Blueberries

**Dried Veggies - Year Round**

Dried Sweet Peppers, Dried Leeks, Dried Glenmore Road Roma Tomatoes, Dried Chanterelles, Pine and Honey Mushrooms and Dried Morels.

**Heavenly Muesli - Year Round**

Heavenly Muesli 400g size bags available. We have developed a beautiful combination of Oats, fruit, seeds, nuts and proteins that has NO ADDED SUGAR or oils. We add at least 5 BC fruits to every batch, from Westham Island Strawberries, Richmond Blueberries, Oyama apricots and peaches, Carrs Landing Crabapples, and Winfield apples and pears. A great way to celebrate the bounty of BC.

**Honey?d Almonds - Fall Winter**

Flavours include: Cajun, Madras Curry, Sweet Chili and Heat

### Misc. Jams - Fall Summer

Strawberry

Organic Strawberry

Raspberry

Organic Raspberry

Blackberry

Lapin Cherry

Peach

Peach Polkadot (Peach with raspberries)

Apricot

Blueberry Lime

Blueberry with Cinnamon

Strawberry Rhubarb

### Misc. Jellies -

### Misc. Preserves - Fall Summer

Pickled Beets

Canned Oyama Peaches

Peachy Barbecue Sauce

Get them while they last.....

### Pineapple Crisps - Fall Spring Winter

Pineapple Crisps 55g size bags available. We were longing for Hawaii when we started these. They are like transporting the taste buds to the beach. Perfect for hiking or snacking, or a car trip! They are a popular item, although they are either Costa Rican or Hawaiian product. Air dried to a crisp.

Available Seasonally

### Triple Treat - Fall Winter

A delicious combination of dried cherries, toasted whole almonds and Organic 70% cocoa domes

### Vegan Power Bars - Year Round