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<http://canadaspecialtyfoods.ca>  
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# Company results for 'Watercress' under 'Thompson okanagan'

## Mountain Springs Farm - 250-497-8209

**Contact:** Phyllis Jmaeff

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**Email:** [jmaeff@vip.net](mailto:jmaeff@vip.net)

**Website:** <http://www.mountainspringscentre.ca>

**Address:**

Box 113, 564 Hwy. 3A

Kaleden, BC

V0H 1K0

**Regions Supplied:** Thompson okanagan

**Company Notes:**

Our farm is part of the Mountain Springs Nature Retreat and is located in a pristine, isolated area where the air and water are clean and pure.

**Products Available:**

**Certified Organic Snowpeas - Fall Summer**

Available seasonally.

**Berries - Summer**

Red Currants, Black Currants and Gooseberries, certified organic.

**Certified Organic Strawberries - Spring**

Available seasonally.

**Garlic - Fall**

Large bulbs, strong flavoured, certified organic.

**Green Beans - Fall Summer**

Our specialty is the Russian Yellow Bean. Both beans are very tender and certified organic.

**Variety of Herbs - Fall Summer**

Dill and chamomile, certified organic.

**Watercress - Fall Summer**

Available from a pristine running creek.