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<http://canadaspecialtyfoods.ca>  
[info@ssfpa.net](mailto:info@ssfpa.net)

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# Company results for 'Zucchini' under 'Thompson okanagan'

## A & L Gardens - 250-499-5492

**Contact:** Art and Lina Nugteren

**Toll Free:**

**Phone:** 250-499-5492

**Cell:**

**Fax:** 250-499-5492

**Email:** artandlina@nethop.net

**Website:**

**Address:**

2281 Agar Rd

Cawston, BC

VOX ICO

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan Vancouver island

**Company Notes:**

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

**Products Available:**

**Hot and Sweet Peppers - Summer**

Mixed varieties. Available July-October.

**Baby Zucchini - Fall Summer**

Mixed varieties 10 lb case.

**Fresh Herbs - Fall Summer**

Basil, oregano, chives, thyme and sage

**Grape and Cherry Tomatoes - Fall Summer**

Mixed varieties

**Nugget Potatoes, Red and White - Spring**

Available the first two weeks of June

**Tomatoes - Roma and Field - Fall Summer**

Available August - October

**Winter Squash - Fall**

Mixed varieties