



Document generated on: Dec 22, 2024
<http://canadaspecialtyfoods.ca>
info@ssfpa.net

Contents

A & L Gardens - 250-499-5492	2
Cowichan Valley Organic Farms - 250-748-8089	3

Company results for 'Potatoes' under 'Vancouver island'

A & L Gardens - 250-499-5492

Contact: Art and Lina Nugteren

Toll Free:

Phone: 250-499-5492

Cell:

Fax: 250-499-5492

Email: artandlina@nethop.net

Website:

Address:

2281 Agar Rd

Cawston, BC

VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

Products Available:

Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer

Available August - October

Winter Squash - Fall

Mixed varieties

Cowichan Valley Organic Farms - 250-748-8089

Contact: David Wiebe

Toll Free:

Phone: 250-748-8089

Cell:

Fax:

Email: DavidW3@telus.net

Website:

Address:

6182 Lakes Road

Duncan Road, BC

V9L 4J5

Regions Supplied: Vancouver island

Company Notes:

Cowichan Valley Organic Farms, situated one hour north of Victoria, lies on the outskirts of Duncan. The valley is renowned for its fertile soils and excellent climate as denoted by the name Cowichan (Warmland). The climate is conducive to growing to maturity hot weather crops such as peppers, melons, tomatoes and others. Cowichan Valley Organic Farms, is an Islands Organic Producers Association (IOPA) member in good standing and has been certified organic since 1998. We have been providing quality organic produce to restaurants, grocery stores and home delivery programs in the Cowichan and Victoria areas for the past eight years and look forward to expanding our production and market. We love what we do.

Products Available:

Melons - Fall Summer

Certified Organic - Seasonal

Basil - Spring Summer

Certified Organic - Seasonal

Beets - Fall Summer

Certified Organic - Seasonal

Broccoli - Summer

Certified Organic - Seasonal

Carrots - Fall Summer

Certified Organic - Seasonal

Cauliflower - Summer

Certified Organic - Seasonal

English Cucumbers - Fall Summer

Certified Organic - Seasonal

Lettuce - Spring Summer

Certified Organic - Seasonal

Peas - Summer

Certified Organic - Seasonal

Peppers - Fall Summer

Certified Organic - Seasonal

Potatoes - Fall Summer

Certified Organic - Seasonal

Pumpkins - Fall Summer

Certified Organic - Seasonal

Radishes - Summer

Certified Organic - Seasonal

Squash - Fall Summer

Certified Organic - Seasonal

Strawberries - Summer

Certified Organic - Seasonal

Tomatoes - Fall Summer

Certified Organic - Seasonal