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# Company results for 'Indian Food' under 'Lower mainland'

## Kan's Gourmet Food Inc. - 604-733-2923

**Contact:** Khanu Lalani

**Toll Free:**

**Phone:** 604-733-2923

**Cell:**

**Fax:** 778-371-8580

**Email:** [info@kansgourmetfoods.com](mailto:info@kansgourmetfoods.com)

**Website:** <http://www.kansgourmetfoods.com>

**Address:**

5033 Still Creek Ave

Burnaby, BC

V5C 6N5

**Regions Supplied:** Lower mainland Vancouver island

**Company Notes:**

Specialty Samosas and Wheat Free appetizers.

**Products Available:**

**Chicken Samosas - Year Round**

All white meat chicken samosas with exceptional taste and flavour. Cooked in Non GMO expeller pressed canola oil.

**Beef Samosas - Year Round**

Lean Ground beef in an original recipe, cooked in Non GMO expeller pressed canola oil.

**Indian Appetizers - Year Round**

Assortment of wheat free fritters such as pakoras, mini falafels, squash fritters, onion bhaji and quinoa nuggets. We also have a variety of marinades and sauces available. Please visit our website for descriptions.

**Quinoa Samosas - Year Round**

Healthy and tasty, cooked in Non GMO expeller pressed canola oil.

**Veggie Samosas - Year Round**

Original recipe, no preservatives added. Cooked in Non GMO expeller pressed canola oil.

# Punjab Milk Foods Inc. - 604-594-9190

**Contact:** Gurpreet Arneja  
**Toll Free:**  
**Phone:** 604-594-9190  
**Cell:**  
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**Email:** arneja@nanakfoods.com  
**Website:** <http://www.nanakfoods.com>

**Address:**  
#200-14666 64th Avenue  
Surrey, BC  
V3S 1X7

**Regions Supplied:** Lower mainland

## Company Notes:

All products are made in a federally-approved facility. Products have an authentic flavour and texture. There is no compromise on quality.

## Products Available:

### Paneer Pakora - Year Round

Served as appetizers, paneer slices are maintained in a spicier mint chutney and battered with a special corn flour batter and panfried. Available in 400 gms x 12 cases and for food service, 908 gms x 6 bags.

### Gajar Halwa - Year Round

Served as a dessert or with tea or coffee. Made with shredded carrots, cooked in milk and garnished with almonds and raisins.

### Ghee -

Also known as clarified butter or AMF (anhydrous butter fat). However, ghee has a cooked flavour as compared to AMF or clarified butter. Available in 400 gms x 12 pcs or 800 gms x 12 pcs or 1.6 kg x 6 pcs or 3 kg pails.

### Kheer - Year Round

Resembles rice pudding. However, it is entirely vegetarian (no eggs) and has caramelized and cooked milk flavour instead of thickening the milk by using gums.

### Paneer - Year Round

Available under Nanak brand in 400 gms x 24 pcs; for food service, 1.75 kg x 6 pcs in a case. Paneer is a soft, unripened cheese. It does not run or melt upon heating or frying. It behaves like tofu; however, it is made from cow's milk. It is typically used in Indian entrees, appetizers, stir fries, and wraps.

### Paneer Entrees - Year Round

Ready to eat frozen entrees. Available in 5 varieties: Shahi Paneer; Paneer Tikka Masala; Chili Paneer; Palak Paneer; and Matar Paneer. Available in 400 gms x 12 pcs per case. For food service, 2 kg x 6 trays, as in a case. The entrees are produced with real, authentic taste.

### Paneer Poppers - Year Round

Served as appetizers, paneer sticks are marinated with mint chutney and are battered and breaded with J crumbs and panfried. Available in 400 gms x 12 packs and for food service, 908 gms x 6 bags in a case.

## Rasmalai (Popular Indian Dessert) - Year Round

Generally considered a delicacy. Available in 400 gms x 24 pcs; and for food service, 1 kg x 10 trays in a case.