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# Company results for 'Jams/Jellies/Honey' under 'Thompson okanagan'

## Barsi Group, The - 250-729-9930

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**Fax:** 250-729-7510  
**Email:** nelson.barsi@telus.net  
**Website:** <http://www.chefbarisi.com>

**Address:**  
2214 Sun Valley Drive  
Nanaimo, BC  
V9T 6E8

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

### Company Notes:

We process and distribute specialty gourmet products that are flavourful and unique in taste. Produced in small batches without preservatives, our quality speaks to our customers. BUY IT! TRY IT!

### Products Available:

#### Thistle - Year Round

250 ml. Use as a jelly, not just a dip. Condiment for all meats, fish, eggs, with cheese or on bread or toast.

#### Thistle - Year Round

Unique flavour - a blend of red wine vinegar, red peppers, tomato paste, soy sauce and spices. Add to gravy, soups, stews, casseroles, BBQ sauce, or dipping sauce. Table sauce for fish stir-fry. Marinade/baking sauce.

#### Thistle - Year Round

Fat and oil free, made with honey, mustard and spices. Condiment for all meats. Fat-free salad dressing. Dipping sauce for veggies/chicken fingers. BBQ sauce for chicken and pork. Marinade/baking sauce.

# Blackberry Hill Farm - 604 258 PIES

**Contact:** Chris Hoekstra

**Toll Free:**

**Phone:** 604 258 PIES

**Cell:**

**Fax:**

**Email:** choeks@telus.net

**Website:**

**Address:**

8815 B Selkirk St.

Vancouver, BC

V6P 4J6

**Regions Supplied:** Lower mainland Thompson okanagan

**Company Notes:**

Blackberry Hill Farm is a family owned business that makes our products by hand, the old fashioned way. Our gourmet pies, Montreal Style Bagels, assorted bakery items and our specialty preserves, jellies and syrups are the best in town.

**Products Available:**

## Blackberry Hill Specialty Syrups - Year Round

Unique flavours and come in several varieties.

## Assorted Squares, Cookies and Cakes - Year Round

These gourmet treats are made by hand in small batches. Recipes created by a pastry chef, the CEO of the company. Quality and taste are superior - you can taste the difference.

## Gourmet Pies - Year Round

Available freshly baked, take and bake style or frozen. Made to order with any variety of berries and fruit. Also available: pumpkin pies, meringue and cream pies. Sizes available 4", 9" or 10" deep. Made by hand, with local ingredients used; purchased from local farmers' markets. Can use organic produce upon request. Pies are non- trans fat. Packaging options available. Normally 24 hours notice required for order, depending on size.

## Montreal Style Bagels - Year Round

Made in small batches, these are the real deal. Dough is proofed, frozen, boiled and then baked, which creates the true Montreal bagel, flavourful and chewy. Many flavours are available: original, multigrain, whole wheat, sour dough/rye, cheese, jalapeno, etc. Bagels are available freshly baked or frozen. If supplied frozen, they need to be baked for about 35 minutes, providing retailer ability to sell them freshly baked. Spelt bagels are also available.

## Specialty Preserves and Jellies - Year Round

Tempting flavours such as Tequila Pepper Jelly, Hot Cranberry Jelly and Onion Marmalade give inspiration to home cooks and chefs alike. These unique preserves come in sizes from 250 ml and up. Looking for a specific flavour? We have over 30 varieties.

# Caramoomel Products Incorporated - 888-765-0574

**Contact:** Anne Hatcher  
**Toll Free:**  
**Phone:** 888-765-0574  
**Cell:**  
**Fax:** 250-765-8528  
**Email:** caramoomel@telus.net  
**Website:** <http://www.caramoomel.com>

**Address:**  
2105 Morrison Road  
Kelowna, BC  
V1X 4W4

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

Caramoomel Spreads & Sauces "Inspired by Family Tradition Created with Wholesome Quality To serve the World Delectable Goodness"

All of our products are all natural, no artificial flavours or colours, all of them are Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed.

All of our food creations are all natural, no artificial flavours or colours, all of them are Hand-crafted on our Facility on our farm in Kelowna, BC.

## **Products Available:**

### **Golden Millenium Wine Jelly - Year Round**

Another version of our whitewine jelly combined with 24k Gold FLakes that are delicately suspended in the clear beautiful locally produced white wine. 24k Gold is the only metal absorbed by the body and it adds a festive flair to this wine jelly. Available in 125ml jars.

### **Apple Butter - Year Round**

This is our family recipe which has been a popular hit with family, friends and clients alike. All natural ingredients ,we use our own apples,locally produced honey, cinnamon, pectin and citric acid. This Apple butter is creamy, sweet like eating apple pie in a spread. Lovely on toast, with pork, ham, salmon, tons of recipe ideas can be found on our website or by request. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

### **Caramel Spreads - Year Round**

A line of family recipes, creamy caramel spreads made primarily with milk treated with lactase for dairy sensitive diets. Original Caramel, Belgian Chocolate Caramel, Chocolate Raspberry Caramel and Chocolate Grand Marnier finishes of this wonderful decadent line of caramel spreads inspired by Dulce de Leche. Available in 125ml

### **Cherry Wine Jam - Year Round**

Using our own cherries and local red wine, we make this tasty jam. Available in 250ml

### **Coffee Lover's Caramel Sauce - Year Round**

The best Caramel sauce ever! Antonia's take on caramel takes a new height with this addictive sauce. Just fabulous on ice cream, desserts, fruit and of course coffee. available in 200ml bottles.

### **Garlic Eggplant Spread - Year Round**

A unique original recipe creamy tasty all natural spread made from our own grown eggplants and garlic combined with vinegar, herbs and spices. This product can be enjoyed on its own from the jar or used in recipes, like dips, pastas, fish, chicken, beef, on crackers plus more. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

### **Hot Garlic Pepper Wine Jelly - Year Round**

This product is an original family recipe that has wonderful levels of flavour. Sweet, Garlic, Spicy flavours add up this terrific wine jelly. We use local wine makers for our wine products and locally grown vegetables. Hot Garlic Pepper wine jelly is great for Asian inspired dishes, chicken, fish, ham, pork, on a bagel, toast, endless possibilities. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

### **Hot Ginger Apple Butter - Year Round**

All natural ingredients, we use our own apples, locally produced honey, ginger, cinnamon, hot pepper, pectin and citric acid. This Apple butter is creamy, sweet like eating apple pie with a zesty kick. Lovely on toast, with pork, ham, salmon, tons of recipe ideas can be found on our website or by request. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

### **Ice Wine Jelly - Year Round**

Crisp, Sweet, Fresh wine jelly made with a true locally made Ice Wine. Available in 55ml jars.

### **Maple Jelly - Year Round**

Original recipe, we use high grade Quebec Maple Syrup to bring our clients this sweet, smooth maple jelly. available in 125ml jars.

### **Veggie Caviar - Year Round**

We have the North American trademark on the name of our best selling all natural original family recipe vegetable spread. It is a wonderful zesty combination of 7 locally grown vegetables (5 grown on our own farm) Tomatoes, Carrots, Zucchini, Bell Peppers, Eggplant, Beets, Garlic blended with Vinegar, Herbs and Spices. Veggie Caviar can be enjoyed on its own from the jar or used in recipes, like dips, pastas, fish, chicken you name it. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

### **Wine Jellies - Year Round**

Pinot Noir, Pinot Gris, Blush and Mulled wine jellies have been praised by our clients as the best wine jellies time and time again. We do not use any preservatives, additives or artificial colours in any of our products. We prefer the natural colours of our award winning local wines to make our wine jellies stand out. Hand-crafted available in 125ml jars.

### **Wine Lover's Dark Chocolate Wine Sauce with Merlot - Year Round**

A delicious elegant sauce, delicately combining the best Dark Belgian chocolate with a robust Merlot wine made by Okanagan wine makers. This is quickly becoming a much on demand sauce. An original recipe by Antonia Dudka, founder of Caramoomel Products. It is wonderful for desserts, coffee, fruit. Hand-crafted bottle per bottle, we create this sauce by order. Made on our facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 200ml size bottles.

### **Wine Lover's White Chocolate white Riesling Wine Sauce - Year Round**

An original recipe by Antonia Dudka, founder of Caramoomel Products. Combining the best White Belgian chocolate with a crisp Riesling wine made by Okanagan wine makers. It is wonderful for desserts, coffee, fruit. Hand-crafted bottle per bottle, we create this sauce by order. Made on our facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 200ml size bottles.

## Fresh Flavours Homemade Food Products - 250-375-2597

**Contact:** Samantha Turner

**Toll Free:**

**Phone:** 250-375-2597

**Cell:**

**Fax:**

**Email:** fresh\_flavours@hotmail.com

**Website:**

**Address:**

Box 87

Westwold, BC

V0E 3B0

**Regions Supplied:** Lower mainland Thompson okanagan

**Company Notes:**

Fresh Flavours prepares its award-winning preserves in small batches using quality BC-grown fruits and vegetables harvested in season to ensure freshness and flavour.

**Products Available:**

**Sweet Asparagus Pickles - Year Round**

Available in small batches only.

**Caesar Asparagus - Year Round**

Spicy Pickled Asparagus using asparagus grown in Armstrong, BC. 500 ml and 750 ml sizes.

**Dill Pickles - Year Round**

BC grown cukes, dill, garlic and peppers. 750 ml.

**Dilly Beans - Year Round**

BC grown beans, dill, garlic and peppers. 500 ml.

**Fruit Chutneys - Year Round**

Peach Chutney, Blueberry Chutney, Rhubarb Chutney, and Cherry Chutney, available in small batches only.

**Fruit Jams - See below for list of Fruit Jams - Year Round**

Apricot Jam, Blueberry Jam, Raspberry Jam, Strawberry Jam. All made with BC fruit. 270 ml, 500 ml and 750 ml size jars.

**Savoury Jellies - See below for list of savoury Jellies - Year Round**

Garlic Jelly, Pepper Jelly, Raspberry Wine Jelly, Purple Basil Jelly. All made with BC-grown fruits and vegetables. 125 ml and 270 ml sizes.

**Sweet Pickled Peppers - Year Round**

Available in small batches only.

# Lake Country Harvest - 250-766-1373

**Contact:** Paula Diakiw

**Toll Free:**

**Phone:** 250-766-1373

**Cell:**

**Fax:**

**Email:**

**Website:** <http://www.lakecountryharvest.com>

**Address:**

6948 McCoubrey Road

Lake Country, BC

V4V 2L3

**Regions Supplied:** All of BC

**Company Notes:**

**Products Available:**

Gluten -Free Muesli -

**Apple Chips - Year Round**

Apple Chips 30g and 105g size bags available. Okanagan apples are the best! From MacIntosh and Spartan, to specially requested varieties, we slice and dry them into apple chips without any additives.

**Baby Beavers Pecans - Fall Winter**

Seasonal treat of pecans, fresh creamery caramel and chocolate. Look for us in November/December, or order some now!

**Creamy Caramels - Fall Winter**

A fall/winter treat of cubes of fresh caramel, robed in good chocolate and sprinkled with specialty salts.

**Dried Fruits - Year Round**

Dried Cherries, Dried Montmorency and Danube (Sour) Cherries, Dried Blueberries, Dried Plums, Pineapple Crisps, Peach Chips  
Dried Apples, Dried Pears, Dried Apricots and Dried Organic Blueberries

**Dried Veggies - Year Round**

Dried Sweet Peppers, Dried Leeks, Dried Glenmore Road Roma Tomatoes, Dried Chanterelles, Pine and Honey Mushrooms and Dried Morels.

**Heavenly Muesli - Year Round**

Heavenly Muesli 400g size bags available. We have developed a beautiful combination of Oats, fruit, seeds, nuts and proteins that has NO ADDED SUGAR or oils. We add at least 5 BC fruits to every batch, from Westham Island Strawberries, Richmond Blueberries, Oyama apricots and peaches, Carrs Landing Crabapples, and Winfield apples and pears. A great way to celebrate the bounty of BC.

**Honey'd Almonds - Fall Winter**

Flavours include: Cajun, Madras Curry, Sweet Chili and Heat

**Misc. Jams - Fall Summer**



Strawberry  
Organic Strawberry  
Raspberry  
Organic Raspberry  
Blackberry  
Lapin Cherry  
Peach  
Peach Polkadot (Peach with raspberries)  
Apricot  
Blueberry Lime  
Blueberry with Cinnamon  
Strawberry Rhubarb

#### Misc. Jellies -

#### Misc. Preserves - Fall Summer

Pickled Beets  
Canned Oyama Peaches  
Peachy Barbecue Sauce

Get them while they last.....

#### Pineapple Crisps - Fall Spring Winter

Pineapple Crisps 55g size bags available. We were longing for Hawaii when we started these. They are like transporting the taste buds to the beach. Perfect for hiking or snacking, or a car trip! They are a popular item, although they are either Costa Rican or Hawaiian product. Air dried to a crisp.  
Available Seasonally

#### Triple Treat - Fall Winter

A delicious combination of dried cherries, toasted whole almonds and Organic 70% cocoa domes

#### Vegan Power Bars - Year Round

# Lark Farms Inc. dba Okanagan Lavender - 250-764-7795

**Contact:** Andrea McFadden  
**Toll Free:**  
**Phone:** 250-764-7795  
**Cell:**  
**Fax:** 250-764-7795  
**Email:** Okanagan\_Lavender@telus.net  
**Website:** <http://www.okanaganlavender.com>

**Address:**  
4380 Takla Road  
Kelowna, BC  
V1W 3C4

**Regions Supplied:** Thompson okanagan

## Company Notes:

Okanagan Lavender is a vertically integrated farm. We grow, harvest, process, manufacture and market all of our products â€“ about 24 in total. We have created many bath, culinary and home products using essential oils and the dried buds of the lavender plant. We use only natural ingredients; no additives, fillers, colourants or preservatives. Everything is made in small batches and often made fresh each week - we aspire to demonstrate our attention to detail in the quality of our products.

## Products Available:

### 4 Spice Blends Box Sets - Year Round

Set of 4 spice blends with a full colour fold-out recipe folder, packaged in a 6-inch square acetate box. This boxed set includes small sample tins of our culinary provence lavender, house blend of Herbes de Provence, spiced sea salt and lavender berry sugar. The recipe folder was designed by local photographer, Glen Durrell, and includes recipes to use with each of our blends.

### Culinary Provence Lavender - Year Round

Grown at our farm, completely managed by hand, including weeding, harvesting, stripping and packaging. Packaged in 30 g aluminum tins with labels designed by local photographer, Glen Durrell.

### House Blend of Herbes de Provence - Year Round

Including lavender. A unique savory blend of herbs, delicious in stews, soups, lentil dishes, breads and potatoes. Packaged in 35 g aluminum tins with labels designed by local photographer, Glen Durrell.

### Lavender Jelly - Year Round

Hand made in small batches at our farm in the Okanagan. May be used as a glaze on salmon and lamb. Delicious served with strong, soft cheeses such as a French camembert. This jelly recipe took me four years to perfect and the recipe was tested and increased for me at the Summerland Research Station. Our lavender is completely spray-free, but not certified organic. It is available in 125 ml, 190 ml glass jars and 2 L plastic buckets for restaurants.

### Spiced Organic Sea Salt - Year Round

Coarse Grade - with our house blend of Herbes de Provence. This salt blend adds wonderful flavour to grilled meats and vegetables. May also be placed into a salt grinder for a finer grade. Packaged in 400 g aluminum tins with labels designed by local photographer, Glen Durrell.

## Lone Willow Enterprises Limited - 604 946-1803

**Contact:** Ric or Shelagh Stacey  
**Toll Free:** 866-946-1803  
**Phone:** 604 946-1803  
**Cell:**  
**Fax:** 604 946-1873  
**Email:** [info@winejelly.ca](mailto:info@winejelly.ca)  
**Website:** <http://www.winejelly.ca>

**Address:**

4559 River Road West  
Ladner, BC  
V4K 1R9

**Regions Supplied:** All of BC

**Company Notes:**

Lone Willow is a home-based business producing wine-based jellies and syrups. We produce our entire product from wine, to jelly or syrup, to labeling and final packaging.

**Products Available:**

**Wine-Based Syrups - Year Round**

We produce 150 ml sized bottles and some 300 ml bottles. Our products are sold separately and in attractive gift boxes. We presently produce Raspberry, Strawberry and Mead Wine syrups.

**Wine-Based Jelly - Year Round**

We produce in small batches in sizes of 45, 125, and 190 ml jars. Our products are sold separately and in attractive gift boxes. We presently produce Cabernet Sauvignon, Chardonnay, Ros  , Tayberry, Saskatoon Berry, Port, Plum Madiera, Iced Merlot and Iced Chardonnay.

## Mad About Food Inc. - 604-736-2510

**Contact:** Allyson Nelson

**Toll Free:**

**Phone:** 604-736-2510

**Cell:**

**Fax:** 604-685-6775

**Email:** [allyson@madaboutfood.net](mailto:allyson@madaboutfood.net)

**Website:** <http://www.mafwholesale.com>

**Address:**

1632 West 3rd Avenue

Vancouver, BC

V6J 1K2

**Regions Supplied:** All of BC

**Company Notes:**

Jules and Kent specialty food brand available in cases of 12 for retail sale. Suitable for specialty food stores, gift stores, winery gift shops and grocery with specialty food departments.

Undercurrents specialty food brand available in cases of 12 for retail sales. Suitable for specialty food stores, gift stores, winery gift shops and grocery with specialty food departments.

**Products Available:**

**Undercurrents Specialty Food Brand - Year Round**

Including Swell Honey (BC Coastal Honey) Valley Girl Honey (BC Interior Honey). Nutty Hazel Honey (Honey poured over organic hazelnuts) and Vegetarian Antipasto. Available in cases of 12 for retail sales. Product info available at [www.mafwholesale.com](http://www.mafwholesale.com)

**Jules - Year Round**

Including Vegetarian Antipasto (2 sizes) Cranberry Cherry Citrus Sauce, Tomato Chutney, Blueberry Pear Sauce, Cranberry Beet Sauce, Caramelized Onions, Savory Bell Pepper Jelly, Smoked Gold Pepper Jelly. Available in 12 for retail sales. All produced in small batches in a commercial plant. Product info available at [www.mafwholesale.com](http://www.mafwholesale.com)

## Mountain Meadow Honey - 250-635-9020

**Contact:** Sam & Cynthia Ridler

**Toll Free:**

**Phone:** 250-635-9020

**Cell:**

**Fax:** 250-635-9010

**Email:**

**Website:**

**Address:**

5112 Mills Avenue

Terrace, BC

V8G 1C5

**Regions Supplied:** All of BC

### **Company Notes:**

Mountain Meadow Honey is a small locally owned and operated apiary. Our honey is 100% pure, unfiltered, raw and harvested from fireweed in the Skeena Valley Area. Mountain Meadow Honey is never heated, filtered or pasteurized. Our process allows trace pollens, vitamins and active enzymes to be present. The area where the nectar is gathered is from isolated locations with high elevations of 4,000-6,000 feet. Free from any pollution or sprays makes this a truly unique honey. Considered by bee keepers as "the Champagne of Honey" fireweed honey is known for its pale colour and delicate flavour. To be organic the rules require the location and bees to remain constant for 3 years. Obviously our hives have to be moved out of the mountains in the winter making the certification impossible. Because of our remote locations and standards we feel we do offer the best uncertified organic honey available starting in August of each year until supplies last.

### **Products Available:**

#### **Fireweed Honey - Fall Summer Winter**

Our honey is 100% pure, unfiltered, raw and harvested from fireweed in the Skeena Valley Area. Mountain Meadow Honey is never heated, filtered or pasteurized. Considered by bee keepers as "the Champagne of Honey" fireweed honey is known for its pale colour and delicate flavour

# Mrs. Palmer's Pantry Inc. - 250-426-1151

**Contact:** Brenda Palmer

**Toll Free:**

**Phone:** 250-426-1151

**Cell:**

**Fax:** 250-426-8230

**Email:** mrspalmerspantry@shaw.ca

**Website:** <http://www.mrspalmerspantry.ca>

**Address:**

236 Slater Road

Cranbrook, BC

V1C 5C8

**Regions Supplied:** All of BC

**Company Notes:**

All of our products are made from Mrs. Palmer's own recipes, so they are unique. Each one is made in small batches to ensure the highest possible quality, using only the freshest ingredients. Each product is made with all natural ingredients.

**Products Available:**

**Compote with Huckleberries and Brandy - Year Round**

Made with handpicked wild huckleberries.

**Antipasto - Year Round**

We use only fresh vegetables, nothing frozen, from an original recipe, prepared in small batches to ensure highest possible quality. Available in 2 ltr or 4 ltr pails for foodservice. Available for retail in 500, 250, and 290 ml jars.

**Apricot Ginger Grillin' Sauce - Year Round**

Mrs. Palmer's own creation; therefore, very unique. Available in 2 ltr and 4 ltr pails; 250 ml and 190 ml jars.

**Fruit Salsa - Year Round**

Fabulous with salmon, tuna or halibut, pork, and chicken. Great with cheese or in a fajita. Chunky, hot, sweet. All natural ingredients. Available in 2 ltr and 4 ltr pails for foodservice; 500 ml and 190 ml jars.

**Hot and Spicy Vegetarian Antipasto - Year Round**

Available in 2 ltr and 4 ltr pails for foodservice, available in jars for retail. All of our products are hand made, using only fresh ingredients, made in small batches to ensure highest possible quality.

**Hot Pepper Jellies - Year Round**

Available in the following flavours: Hot Peach and Pepper; Jalapeno Jelly, Cranberry Habanero Jelly. Available in 2 ltr and 4 ltr pails for foodservice. Also available in 250 ml and 190 ml jars for retail.

**Huckleberry Jam - Year Round**

Made with handpicked wild BC huckleberries.

**Kootenay Spread - Year Round**

Made with things that grow in the Kootenays: peaches, apples, raspberries, and handpicked wild huckleberries.

**Oven Baked Pita Chips - Year Round**

Available in these flavours: Original, Sea Salt and Vinegar, Parmesan Garlic, and Cinnamon. Available in 5 lb box for foodservice, 180 gm bag for retail. Unique creation; therefore, a unique process. All natural ingredients; oven baked, not fried. Zero trans fats.

### Roasted Garlic - Year Round

Another of Mrs. Palmer's creations. Wonderful on meat or cheese, in a sandwich or as a dip. Available in 2 ltr and 4 ltr pails; 250 ml and 190 ml jars.

# Taves Family Farm - Applebarn - 778.241.1822

**Contact:** Joslin Sanderson

**Toll Free:**

**Phone:** 778.241.1822

**Cell:**

**Fax:** 888.345.8972

**Email:** [info@applebarn.ca](mailto:info@applebarn.ca)

**Website:** <http://www.applebarn.ca>

**Address:**

333 Gladwin Rd.

Abbotsford , BC

V2Y 5Y1

**Regions Supplied:** All of BC

**Company Notes:**

Locally grown produce, berries, apples & pumpkins. Catering to restaurants, markets, and families. Call us to experience a taste of the country.

We also grow: Black Currants - Summer Red Currants - Summer Pink Currant - Summer Red Gooseberries - Summer Green Gooseberries - Summer Corn - Late Summer & Fall Apples (several varieties) Late Summer & Fall Pumpkins - Fall Bell Peppers (yellow, orange, green & red) - Spring, Summer, & Fall Stiletto Peppers - very sweet - Spring, Summer, & Fall

**Products Available:**

**Cherry - Fall Spring Summer**

These are grown hydroponically in our greenhouse and are crisp and flavorful. These are great for salads or vegetable skewers.

**Beefsteak Tomatoes - Fall Spring Summer**

We grow large crisp beefsteak tomatoes in our greenhouse. These are great for salads or burgers.

**Butter Head Lettuce - Year Round**

We grow beautiful butterhead lettuce hydroponically in our greenhouse. We leave the roots stock on the lettuce to increase it's shelf life.

**Heirloom Tomatoes - Fall Spring Summer**

We grow a variety of heirloom tomatoes that are a variety of colours. The flavor of these tomatoes is exceptional and is a great addition to any salad.

**Apple Cider - Fall Winter**

We press our own Apple Cider here on our farm made from our own apples. We do not add water or any other ingredients to our Apple Cider. You can get the cider two different ways: Fresh Cider: is UV light pasteurized and is served in plastic containers (like milk jugs). This has a two week shelf life. Glass: Our cider that is served in our unique glass jugs is boiled and will keep on a shelf for years. It only needs to be refrigerated after it has been opened.

**Black Currant and Red Currant Jams - Year Round**

On our farm we also grow currants and have made our own black currant and red currant jams. This can be ordered in either 250ml or 125ml class jars.

**Campari Tomatoes - Fall Spring Summer**

The red plump tomatoes are a great size for salads and are also grown in our greenhouse.



### Long English Cucumbers - Year Round

Our Long English Cucumbers are a consistent size and have a great flavor. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

### Mini Cucumbers - Year Round

Our mini cucumbers are very sweet and crunchy. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

### Red Pepper Jelly - Year Round

We also have a greenhouse where we grow an assortment of veggies, including peppers. We have used the peppers to make a red pepper jelly. This is a spicy red pepper jelly containing jalepenos but it is great with mozzarella sticks, pizza or on chicken.

### Spiced Apple Cider - Fall Winter

We also make another variety of the same cider but we add mulling spices. This is popular at Christmas time and is great cold or served as a warm cider. Some restaurants we have sold to add rum to this warm drink at Christmas time and tell me it is quite popular. The Spiced Cider comes in glass only for clients who are re-selling it but for serving purposes it can be sold in plastic with about a 6 week shelf life.

## The Jammery - 250 766-1139

**Contact:** Bill Morrison

**Toll Free:**

**Phone:** 250 766-1139

**Cell:**

**Fax:** 250 766-3431

**Email:** [info@jammery.com](mailto:info@jammery.com)

**Website:** <http://www.jammery.com>

**Address:**

P.O. Box 2548 Stn R, 8038 97 North

Kelowna, BC

V1X 6A6

**Regions Supplied:** Thompson okanagan

**Company Notes:**

The Jammery is located on 7 acres of agricultural land in Kelowna, BC. Blackberries and raspberries are produced on site and used in our products. Soft fruits are purchased from local growers, processed on site and used in our products and in our restaurants.

**Products Available:**

**Pepper Jelly - Year Round**

Flavours available: Cranberry Jalapeno, Lime Jalapeno, Pineapple Jalapeno, Regular Jalapeno and Red Pepper Jelly. Hand-made in small batches. Available in 125 ml and 250 ml sizes.

**Jams with Added Liqueurs - Year Round**

Flavours available: Strawberry Jam with Grand Marnier, Blueberry Jam with Amaretto, Blackberry Jam with Tequila, Raspberry Jam with Kirsch, Orange Marmalade with Drambuie. Hand-made in small batches using BC Fruit. All jams contain more than 50% fruit. Alcohol content under 1%. Available in 125 ml and 250 ml sizes.

**Summer Harvest Jams - Year Round**

Flavours available: Apple, Apple Cinnamon, Blueberry, Blackberry, Bumbleberry, Cherry, Apricot, Peach, Plum, Raspberry, Saskatoon, Strawberry, Orange Marmalade and Apple Jelly. Hand-made in small batches using BC fruits. All jams contain more than 50% fruit. Available in 110 ml and 250 ml sizes.

## Vista D'oro Farms - 604-514-3539

**Contact:** Lee Murphy

**Toll Free:**

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**Website:** <http://www.vistadoro.com>

**Address:**

20856 4th Avenue

Langley, BC

V2Z 1T6

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

**Company Notes:**

Vista D'oro Farms offers artisanal jams using traditional cooking methods combined with distinctive flavour pairings. Our jams are produced in small batches using copper pots and in-season fruits, much of which is grown naturally on our 10-acre farm in South Langley. Our jams are made to be enjoyed with fresh baked scones, hot buttered toast, pancakes and crepes. Some of the jams are also wonderful with cheeses and as an accompaniment with pork or fowl, as well as straight out of the jar! We have created 5 flavours for each season; available in 100 ml, 200 ml & 290 ml.

**Products Available:**

**Green Tomato with Garam Masala Jam - Fall**

Use as a sweet condiment with spicy foods, such as samosas, or with scallops or goat cheese.

**Black Cherry - Spring**

Wonderful with a savoury cheese scone or alongside grilled duck. Available seasonally.

**Blueberry - Spring**

Delicious over vanilla ice cream and perfect for a "morning after" breakfast! Available seasonally.

**Caramel Apple with Dark Rum Jam - Summer**

A lovely complement to pork tenderloin or warm up and serve over ice cream.

**Citrus - Year Round**

An Asian-inspired marmalade, heavenly over vanilla pound cake or simply on buttered toast.

**Kumquat with Vanilla Vodka Jam - Winter**

No, this is not a martini! But you'll want to eat it by the spoonful or spooned over French Vanilla ice cream.

**Orange Cardamom - Winter**

A warm blend of citrus and spice, perfect for crepes and a lovely treat with duck.

**Peach - Summer**

A flavourful combination: elegant enough for the fanciest tea parties, simple served alongside lemon pound cake.

**Peach - Summer**

Serve over homemade peach ice cream for the ultimate summer dessert! Available seasonally.

#### **Pear - Fall**

Excellent with creamy camembert and crackers.

#### **Pear - Fall**

One of my first and favourites! Lovely on crepes or on simple white toast with lots of butter!

#### **Pink Grapefruit with Champagne Jam - Winter**

A fabulous, pretty pink treat for Sunday brunch or afternoon high tea.

#### **Plum with Vanilla - Summer**

Excellent on buttered toast or with grilled chicken.

#### **Raspberry - Summer**

Great with strong cheese or to finish a rich chocolate dessert with something special.

#### **Rhubarb - Spring**

A lovely pairing, wonderful with ice cream, scones or pound cake.

#### **Spiced Apple - Fall**

Perfect for your turkey dinner! Just the right amount of spice and sweetness.

#### **Strawberry - Spring**

A classic combination, perfect for Sunday brunch or afternoon high tea or straight out of the jar! Available seasonally.

#### **Strawberry with Balsamic - Spring**

An elegant pairing for soft goat cheese or use in a vinaigrette over wild greens. Available seasonally.

#### **Turkish Fig with Walnut Wine Jam - Winter**

A delicious combination using walnut wine produced on our farm. Excellent with pork tenderloin, crackers

#### **Wild Blackberry Jam - Summer**

Nothing but blackberries and sugar - why mess with perfection?! Spoon into tart shells for a simple dessert.