CANADA
SPECIALTY FOOD DIRECTORY



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# Company results for 'Herbs' under 'Kootenay'

# A & L Gardens - 250-499-5492

**Contact:** Art and Lina Nugteren

**Toll Free:** 

**Phone:** 250-499-5492

Cell:

**Fax:** 250-499-5492

Email: artandlina@nethop.net

Website:

#### **Address:**

2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

## **Products Available:**

## Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

## Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

#### Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

## Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

## Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

#### Tomatoes - Roma and Field - Fall Summer

Available August - October

## Winter Squash - Fall

Mixed varieties

# Kettle River Farm - 250-442-3532

**Contact:** Owen Broad

**Toll Free:** 

**Phone:** 250-442-3532

Cell:

Fax: 250-442-3532 **Email:** onfarm@telus.net

Website:

#### Address:

3795 Almond Gardens Rd. Grand Forks, BC V0H 1H4

Regions Supplied: Kootenay Lower mainland Thompson okanagan

## **Company Notes:**

Certified organic farm in the beautiful Grand Forks Valley, situated on the Kettle River.

## **Products Available:**

Certified Organic Echinacea, Augustifolia Root - Fall Summer Winter

Very potent dried root.

## Certified Organic Onions, Red and Yellow - Fall Winter

Available seasonally.

## Certified Organic Winter Squashes - Fall Winter

Many varieties, good sizing for box deliveries. Available seasonally.

# Kitchen Pick - 604-460-1211

**Contact:** Cheryl Hubbick

**Toll Free:** 

**Phone:** 604-460-1211

Cell: Fax:

**Email:** info@kitchenpick.com Website: http://www.kitchenpick.com

Address:

12800 203rd Street Maple Ridge, BC V2X 4N2

**Regions Supplied:** All of BC

## **Company Notes:**

Kitchen Pick is a line of garden fresh culinary herbs 'picked' in your kitchen at the height of freshness and goodness. Each plant is a portable mini-greenhouse, keeping it alive for many days, providing you the freshest herbs available. Found at your Local Grocer, our Living Herbs are grown 365 days a year at Our Farm in Maple Ridge BC, Canada.

## **Products Available:**

Kitchen Pick Living Herbs, Thai Basil, Lemon Basil, Tyme, Sage, Chives, Dill Oregano - Year Round

Kitchen Pick Living Herbs - Basil, Mint, Cilantro, Rosemary and Parsley - Year Round

# Skye Farm Garlic - 250-260-0592

**Contact:** Peter or Shelly Helmer

**Toll Free:** 

**Phone:** 250-260-0592

Cell: Fax:

Email: skyefarm@shaw.ca

Website: http://www.skyefarm.com

#### **Address:**

Box 1181 Lumby, BC V0E 2G0

Regions Supplied: Cariboo Kootenay Thompson okanagan

## **Company Notes:**

Our garlic is cultivated by hand on a small scale to ensure a top quality bulb with good to excellent storeageability and fine flavour.

Varieties for 2010 include "Russian Red" garlic (hardneck), "Skye Farm Mystery" Garlic (Silverskin), "China Rose" Garlic (softneck with intense purple stripes)

#### **Products Available:**

Purple-stripe (hardneck) Garlic var. "Ukrainian" - Summer Winter

6-18 narrow cloves per bulb. Unique mellow flavour. Available Seasonally.

## Artichoke (softneck) Garlic var. "Italian" - Summer Winter

15-30 cloves per bulb mild to med heat earthy flavour. Very good keeper, sold in 2 lb braids. Available Seasonally.

## Porcelain (hardneck) Garlic var. "Yugoslavian" - Summer Winter

4-6 large cloves per bulb hot, pungent, intense flavour. Good keeper. Available Seasonally.

## Purple-stripe (hardneck) Garlic var. "German Red" - Summer Winter

6-12 large cloves per bulb. Hot spicy flavour. Available Seasonally.

# Spice Sanctuary - T1W 3L4

**Contact:** Trusha Patel **Toll Free:** 403 3893743 **Phone:** T1W 3L4

Cell:

**Fax:** 403 389 3743

Email:

Website: info@spicesanctuary.com

**Address:** 

Spice Sanctuary 107 Riva Court, Canmore Alberta

Regions Supplied: All of ALBERTA All of BC All of MANITOBA All of BRUNSWICK All of TERRITORIES A

## **Company Notes:**

http://www.spicesanctuary.com

**Products Available:** 

# Three Boys Organics - 250-428-9503

**Contact:** Tony or Eunice Mulder

**Toll Free:** 

**Phone:** 250-428-9503

Cell:

Fax: 250-428-9300

**Email:** garlicking@shaw.ca

Website: http://www.organicgarlic.ca

#### Address:

337 Stace Rd., Box 687 Creston, BC V0B 1G0

**Regions Supplied:** All of BC

#### **Company Notes:**

Three Boys Organics is situated in the Kootenays. It is a family-operated business created for our three boys. They are full partners in this adventure. Our goal is to produce Great Organic Garlic. We concentrate on two main hardneck varieties, Italian Porcelain and German Red garlic, both rich in flavour and long storage.

## **Products Available:**

## Fresh Organic Garlic - Hardneck - German Red - Fall Summer

Large heads with 8-10 cloves. Strong flavour, excellent storage, usually up to 10 months.

## Dried Organic Garlic - Hardneck - Italian Porcelain - Fall Spring Summer Winter Year Round

Strong rich flavour. In a crystal form, very easy to use as is or to grind into a powder. Excellent shelf life. Available in 1 lb bags and produced from our own certified organic bulbs.

## Fresh Organic Garlic - Hardneck - Italian Porcelain - Fall Summer

Large, easy-to-peel cloves. Excellent shelf life, usually up to 10 months. Great rich flavour in a large bulb with 5-7 cloves. Available seasonally.

## Vale Farms Grassroots Ltd. - 250-547-2382

**Contact:** Lorna Ruechel **Toll Free:** 866-567-2300 **Phone:** 250-547-2382

Cell:

**Fax:** 250-547-6080

Email: valefarms@telus.net

Website: http://www.valefarms.com

#### Address:

106 Dure Meadow Road Lumby, BC V0E 2G7

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan

#### **Company Notes:**

We are a multi-generational family farm, and are proud to produce delicious, nutritious products for our communitiy. We strive to maintain a wholistic balance with nature on our farm, protect wildlife and biodiversity, and encourage others to experience and learn about farming!

#### **Products Available:**

## Certified Organic Sea Buckthorn Berries - Fall Summer

Delicious, tart, and bright orange, these berries and the juice we make from them are available in August and September. High in Vitamin C, minerals, antioxidants and countless other vitamins!

## Certified Organic Garlic - Summer

Yugoslavian Racombole variety. Hand weeded and picked. Available July and August.

## Grass-fed Certified Organic Beef - Year Round

A large variety of cuts available, sold frozen to ensure year-round supply. Bulk and specialty orders available in the fall. Hormone free, antibiotic free, no animal by-products fed, and SPCA certified to guarentee humane treatment.

#### Organically-Raised, Pastured Pork -

Certified organically-raised on Big Bear ranch in Horsefly, BC, this delicious free-range pork is available in frozen, individual cuts. No animal by-products fed, no hormones or antibiotics. Seasonal availability.

## Pasture-Raised, Grass-Fed Lamb - Fall Winter

Grass-fed, Chemical Free Lamb

Availability: Fall to Spring

Pasture-raised, grass-fed lamb. Bulk orders available in the fall and frozen individual cuts available from late fall to spring. Free from synthetic hormones, antibiotics, and no animal by-products fed.