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Company results for 'Fruit' under 'Thompson okanagan'

A & L Gardens - 250-499-5492

Contact: Art and Lina Nugteren

Toll Free:

Phone: 250-499-5492

Cell:

Fax: 250-499-5492

Email: artandlina@nethop.net

Website:

Address:

2281 Agar Rd

Cawston, BC

VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

Products Available:

Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer

Available August - October

Winter Squash - Fall

Mixed varieties

BC Hot House Foods Inc. - 604-507-6215

Contact: Devon Kennedy
Toll Free:
Phone: 604-507-6215
Cell:
Fax: 604-576-5498
Email: devonk@bchothouse.com
Website: <http://www.bchothouse.com>

Address:
5355 152nd Street
Surrey, BC
V3S 5A5

Regions Supplied: All of BC

Company Notes:

Taste Buddies Miniature Vegetables - these products are cool in appearance and make unique side dishes and snacks. They're easy to use and have many applications. Most of all, they are fun to eat!

Products Available:

Mini-Cucumbers - Year Round

These are the mini versions of the Long English Cucumbers that are smaller in size and diameter. The texture is a little crunchier, and the deliciously sweet flavour makes them excellent to snack on by themselves or in salads, cold vegetable platters or as garnishes. Kids love them!

Campari Tomatoes on the Vine - Year Round

Vibrant red, cocktail-sized tomatoes. They are hydroponically grown in greenhouses and are about 2" in diameter. These tomatoes offer vine-ripened, fresh flavour and are sold in clusters on the vine to ensure peak freshness and flavour.

Long English Cucumbers - Year Round

Seedless with a thin, deep-green, unwaxed skin that is never bitter. The skin adds crunch to the refreshing flavour. Long English Cucumbers are great for salads, sandwiches, salsas, dressings, dips, sauces, soups, garnishes and cold vegetable platters.

Roma Tomatoes on the Vine - Year Round

Long, almost egg-shaped tomatoes with firm, red, meaty flesh, very few seeds and skin that is easy to peel. High acid level makes them perfect for sauces, soups and salsas. Roma tomatoes on the vine are hydroponically grown in a greenhouse.

Sweetooth Peppers - Year Round

Long cone-shaped peppers with shiny, crunchy skins that cover thick, juicy walls. These peppers are sweeter than Sweet Bell peppers, and their tiny seed caps make them easy to cut into rings, enhancing presentation.

Eagle River Organics - 250-836-4333

Contact: Linda Kucera/WM.Dyck

Toll Free:

Phone: 250-836-4333

Cell:

Fax:

Email:

Website:

Address:

1754 Trans Canada Hwy.

Sicamous, BC

V0E 2V1

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

Eagle River Organics is a 10-acre farm with six acres in gardens with a large variety of organic vegetables. For markets and quantity buyers with quality as our number one priority.

Products Available:

Sugar Pie Pumpkins - Fall Winter

400 - 500 lbs. Fall harvest; average size 7" diameter. Excellent for cooking and stores well.

Beets - Fall Summer

5000 lbs. - Available starting August. Early Wonder Beet - Globe-shaped, bunching beets, excellent taste and colour. Cylindra Beet - Great for slicing and dicing; good storage.

Carrots - Fall Summer

5000 - 10,000 lbs available starting August 15th. Excellent flavor, sweetness and texture that holds long into storage.

Fingerling Potatoes - Fall Summer

2500 - 3000 lbs - Specific siling. Available July 15th (approximately).

Grapes - Fall Summer

Table grapes - Candice and Coronation varieties available. Excellent sweet flavour.

Parsnips - Fall Spring Winter

2000 lbs - Available October through to March; sweet taste. Specific sizing at start of season.

Salsify - Fall

500 lbs. Delicious flavour; fall harvest.

Sunchokes - Fall

500 lbs - Fall harvest, excellent for cooking.

Hoodoo Ranch - 250-458-2441

Contact: Beverly Sidnick

Toll Free:

Phone: 250-458-2441

Cell:

Fax:

Email: hoodooranch.ca@telus.net

Website: <http://www.hoodooranch.ca>

Address:

PO Box 171

Spences Bridge, BC

V0K 2L0

Regions Supplied: Lower mainland Thompson okanagan

Company Notes:

Products Available:

Certified Organic Plums - Summer

Available Seasonally, Early Italian, Late Italian, Green Gage, Shiro, Canada, Red Heart, Santa Rose, Friar

Certified Organic Apples - Fall Summer

Available Seasonally, Jonagold, Granny Smith, Russet Free Golden Delicuios, Golden Delicuios, Red Gravenstein, Cox Orange, Royal Gala, Red Max Macintosh, Summerland Macintosh, Spartan, Sunrise, Mutsu, Empire, Akane, Golden Russet, Fuji

Certified Organic Apricots - Spring Summer

Available Seasonally, Skaha, Goldstrike, Perfection, Moorpark, Goldbar, Blenheim

Certified Organic Cherries - Spring Summer

Available Seasonally, Van, Bing, Lappin, Lambert, Royal Anne, Sam, Schatten Morello, Montmorency

Certified Organic Peaches - Fall Summer

Certified Organic Peaches: Veteran, Harbrite, Cresthaven, Early Red Haven, Red Haven, pacific Gold, Harrow Diamond, Raritan Rose, White Hale, J.H. Hale, Glohaven

Certified Organic Pears - Fall

Available Seasonally, Comice, Red Anjou, 20th Century, Flemish Beauty, Chojuro, Anjou, Bosc

Iron Gates Natural Farm & Pottery - 250-453-2273

Contact: Jan Krueger

Toll Free:

Phone: 250-453-2273

Cell:

Fax:

Email: jankrueg@telus.net

Website:

Address:

Box 855

Ashcroft, BC

V0K 1A0

Regions Supplied: Lower mainland Thompson okanagan

Company Notes:

Most of our squashes and melons are grown from seeds collected by Native Seeds/Search of Tuscon, Arizona or the Seeds of Change organization. Our focus is in crops that have adapted to our northern growing conditions and have unique qualities of flower and storability.

Products Available:

Melons - Heirloom - Fall

Black Mountain watermelon: a black, red-fleshed watermelon. Sweet Siberian watermelon: an elongated, yellow-fleshed watermelon. Santo Domingo deep ribbed: a large, heavy, orange-fleshed melon, green to light yellow coloring, excellent rich melon flavour and aromatic. Oka melon: a Canadian heirloom from the Montreal area. Deep-ribbed, netted skin with orange, very sweet flesh and very aromatic. Banana melon: elongated, orange-fleshed melon with a green skin, on trial this year. Emerald gem melon: light-green, slightly netted skin with orange flesh, on trial this year. Prescott Fond Blanc melon: a deep-ribbed, warty-surfaced melon with orange flesh, on trial this year. Charentais melons.

Apples - Fall

Mackintosh, Gravenstein, Transparent, Gala, Kings, Bramley, Empire, Wealthy, Sunrise, Belle de Boscoop, Spartan, Roxbury Russet, Newtown Pippin

Beans - Summer

Green and Yellow Beans

Beets - Fall Summer

Firnabiva Beets (cylindrical beet, very sweet flavour and a good keeper)

Butter Lettuce - Spring Summer

Butter Lettuce

Carrots - Fall Summer

Nantes and Touchon Deluxe Carrots

Corn - Fall

Golden Jubilee corn

Cucumber - Fall

Armenian Cucumber: a long, thin, lime-green cucumber having an edible skin and mild flavour.

Fruits - Fall Spring Summer

Raspberries, Red and Black Currants, Nanking Cherries (a small red or white, semi-sweet cherry). Make excellent jams and sauces, whites look like large pearls. Bing and Van cherries, Apricots, Peaches, Green Gage Plums, Japanese Plums (small red plum with an orange flesh), Bartlett Pears.

Garlic - Fall

Italian Red garlic, hard necked; Chesnook garlic, hard necked; Georgian Fire garlic, hard necked; Russian Red garlic, hard necked; Lorz Italian garlic, soft necked; German red garlic, hard necked (in development, available in 2006).

Onions - Fall

Utah White onion (large, sweet white onion that is also used as a green onion when young), Utah Yellow onion (large, sweet yellow onion), Red Whitherspoon onion (flattened sweet red onion), Egyptian onion (a top setting onion, small in size, used as a shallot, pink colour when peeled, pungent when raw.) All onion varieties are good keepers.

Peas - Summer

Sugar and Standard Peas

Peppers - Fall

Buran (a medium sized pepper with a tender skin and sweet flesh); Napoleon Sweet (a larger sweet pepper); Lemon Drop (a hot, small yellow pepper); Cyklon (an elongated, hot red pepper).

Potatoes - Fall Summer

White Rose potato (fine textured potato having an elongated shape, much favoured by European customers in the West End farm market). Victoria yellow potato.

Spinach - Summer

Spinach

Squashes - Heirloom - Fall

Early Canadian Crook Necked Squash: a yellow, warty-surfaced, summer squash that doesn't cook down to mush. Penasco: a flattened, white to bluish, hard skinned Hubbard-like squash, fine textured and sweet. Average weight 15 lbs (heirloom). Mayo Blusher: a bluish, elongated squash with pinkish or orange colouring washing over the undercolour. Fine-textured with a flavour similar to sweet potato. Average weight 15-20 lbs (heirloom). Fordhook Acorn: a buff-coloured acorn-type squash. Guatemalan Blue Banana squash: an elongated, bluish-coloured squash (heirloom). Thelma Sanders Sweet Potato squash: a teardrop-shaped squash (heirloom). Kobacha: a buttercup-style squash with dense flesh and small seed cavity. True Pie Pumpkin, 4-7 lb: pumpkin that has a dense flesh that makes superior pumpkin purees (heirloom). Guatamala Blue Banana Squash: a large, dark orange-fleshed sqash having a cylindrical shape (heirloom). Spaghetti squash.

Tomatoes - Fall

Black from Tula (a greenish, black to purple tomato having a fantastic flavour); Cherokee Purple (a greenish, purple tomato with great flavour); Brandywine (a large-sized red tomato with great flavour).

Klippers Organic Acres - 250-499-2050

Contact: Kevin & Annamarie Klippenstein

Toll Free:

Phone: 250-499-2050

Cell:

Fax: 360-499-2050

Email: klippersorganics@nethop.net

Website:

Address:

2205 Ferko Road, RR #1 S-88 C-11

Cawston, BC

V0X 1C0

Regions Supplied: Lower mainland Thompson okanagan

Company Notes:

We pride ourselves in picking everything vine ripened and tree ripened, which brings out more flavours. We sell only fresh items.

Products Available:

Dried Peaches - Year Round

Different sized bags available.

Apple Chips - Year Round

Different sized bags available. Apples are kiln dried making them very crisp. Apple Nuggets are great for adding to dishes.

Apple Juice - Year Round

48 oz jars. Mixture of organic apples. Cases 6 X 48 oz. Juice is made with all fresh apples.

Apples - Fall Summer

Mutsu, Spartan, Golden, Red, Fuji, Macs.

Dried Prune Plums - Year Round

Different sized bags available.

Dried Tomatoes - Year Round

Different sized bags available.

Eggplant - Fall Summer

4 different varieties. All picked vine ripened.

Heirloom Tomatoes - Fall Summer

37 different varieties. All have unique flavours and are picked vine ripened.

Italian Prune Plums - Fall Summer

Picked tree ripened

Melons - Fall Summer

Cantelope, Honeydew, Watermelon, Musk melons. All picked vine ripened.

Peppers - Fall Summer Winter

17 different varieties. Sweet peppers - Hot peppers. All picked vine ripened.

Peppers - Fall Summer

17 different varieties. Sweet peppers - Hot Hot peppers. All picked vine ripened.

Squash - Fall

12 varieties from Butternut - Spaghetti.

Mariposa Organic Farm - 250-499-5379

Contact: Karl Eriksen/Sarah Martin
Toll Free:
Phone: 250-499-5379
Cell:
Fax: 250-499-5379
Email: mariposaorganicfarm@nethop.net
Website:

Address:
S33 C10 RR1
Cawston, BC
V0X 1C0

Regions Supplied: Lower mainland Thompson okanagan

Company Notes:

Small family farm focused on getting the best quality food to the consumer. We use greenhouses and floating row covers to maximize continuity of supply through longest season possible. Careful handling of food at all stages maintains appearance and keepability.

Products Available:

Field Cucumbers - Fall Summer

Focus on very early product with good continuity of supply. Picked as ordered for next day delivery. Careful attention to detail (turning) when harvesting prevents any yellow belly. Available in 20 or 40 lb boxes, packed in perforated cherry bag for freshness. Available seasonally.

Head Lettuce - Spring

Living butter lettuce in a perforated lettuce bag with roots attached for maximum freshness. Kept clean while growing, requires minimal washing. Available seasonally.

Long English Cucumbers - Fall Spring Summer

Large (1lb) LE cuke hand wrapped and stickered. Soil grown for optimum flavour. Picked as ordered for next-day delivery. Best flavour of any LE cuke available. Available seasonally.

Summer Squash - Fall Summer

Small spaghetti squash (2-3 lb) ready in August. Multiple selective harvests guarantee every squash is ripe and delicious. Available in 40 lb boxes. Available seasonally.

Swiss Chard - Fall Spring

Multicolored, medium-sized bunches, picked fresh as ordered for next day delivery. Boxes of 12 or 24 bunches in a cherry bag to prevent wilting. Lightly misted with water. Not cheap, but guaranteed fresh and attractive. Available seasonally.

Tomatoes - Fall Summer

Started early in greenhouse but field-grown in heated rows for true field tomato taste out of season. Harvest begins in late June instead of August. Carefully picked at peak flavour for next day shipping. Only varieties that maintain firmness when red and sweet are grown. Packed in flat 20 lb. tray to avoid bruising. Available seasonally.

Winter Squash - Fall Winter

Many popular varieties. Multiple selective harvests guarantee every squash is ripe and delicious. Careful handling prevents scarring and punctures. Looks great on displays at Thanksgiving. Custom packing of mixed varieties for multicoloured displays. Available

in 40 lb boxes. Available seasonally.

Mountain Springs Farm - 250-497-8209

Contact: Phyllis Jmaeff

Toll Free:

Phone: 250-497-8209

Cell:

Fax: 250-497-6309

Email: jmaeff@vip.net

Website: <http://www.mountainspringscentre.ca>

Address:

Box 113, 564 Hwy. 3A

Kaleden, BC

V0H 1K0

Regions Supplied: Thompson okanagan

Company Notes:

Our farm is part of the Mountain Springs Nature Retreat and is located in a pristine, isolated area where the air and water are clean and pure.

Products Available:

Certified Organic Snowpeas - Fall Summer

Available seasonally.

Berries - Summer

Red Currants, Black Currants and Gooseberries, certified organic.

Certified Organic Strawberries - Spring

Available seasonally.

Garlic - Fall

Large bulbs, strong flavoured, certified organic.

Green Beans - Fall Summer

Our specialty is the Russian Yellow Bean. Both beans are very tender and certified organic.

Variety of Herbs - Fall Summer

Dill and chamomile, certified organic.

Watercress - Fall Summer

Available from a pristine running creek.

O'Reilly's Farm - 250-498-6044

Contact: David O'Reilly

Toll Free:

Phone: 250-498-6044

Cell:

Fax:

Email:

Website: <http://www.bbcanada.com/oreillysfarm>

Address:

R.R. #2, Site 15, Comp 7 37617 Hwy. 97

Oliver, BC

V0H 1T0

Regions Supplied: Thompson okanagan

Company Notes:

Our farm has been growing organically for over 15 years. The wetland and riparian area on our farm is protected by a Conservation Covenant with The Land Conservancy of BC. We have a 3-bedroom "bed and breakfast" where we use environmentally-friendly products and serve organic breakfasts. Please see our website at www.bbcanada.com/oreillysfarm.

Products Available:

Certified Organic Pears - Summer

Certified Organic Apricots - Summer

Certified Organic Cherries - Summer

Certified Organic Peaches - Summer

Certified Organic Plums - Summer

Old Tower Farm - 250-499-5654

Contact: Donna Bartlet

Toll Free:

Phone: 250-499-5654

Cell:

Fax: 250-499-5654

Email: alainp@telus.net

Website: <http://www.oldtowerfarm.com>

Address:

RR1 Site 91, Comp 4

Keremeos, BC

V0X 1N0

Regions Supplied: Thompson okanagan

Company Notes:

Experience a quiet vacation on an organic farm. Delight your friends and guests with our unique greeting apples.

Products Available:

Certified Organic Apples - Fall Summer

Certified Organic Fuji, Spartan, Macintosh, Golden Delicious and Ambrosia. Available seasonally.

Certified Organic Nectarines - Summer

Available seasonally.

Certified Organic Nectarines (Frozen) - Summer

Available August as supplies last.

Certified Organic Strawberries - Spring

Fresh, smaller size and very tasty. Available seasonally mid May to Mid June.

Certified Organic Strawberries (Frozen) - Spring

Frozen Whole - Certified Organic. Available mid-May while supplies last.

Origin Organic Farms Inc. - 604-940-3928

Contact: Connie Cheng

Toll Free:

Phone: 604-940-3928

Cell:

Fax: 604-940-3968

Email: info@origino.ca

Website: <http://www.origino.ca>

Address:

6225-34B Avenue

Delta, BC

V4L 2N8

Regions Supplied: All of BC

Company Notes:

Products Available:

Organic Mini Cucumbers - Fall Spring Summer

Organic Beefsteak Tomatoes - Fall Spring Summer

Organic Bell Peppers - Fall Spring Summer

Organic Gemini Orange and Red Berry Tomatoes - Fall Spring Summer

Organic Long English Cucumbers - Fall Spring Summer

Organic Sardinia Cocktail Tomatoes - Fall Spring Summer

Organic Tomatoes on the Vine - Fall Spring Summer

Pilgrims' Produce - 250-546-3669

Contact: Robert or Kathryn Hettler

Toll Free:

Phone: 250-546-3669

Cell:

Fax: 250-546-3669

Email: hettler@sunwave.net

Website:

Address:

1568 Eagle Rock Road
Armstrong, BC
V0E 1B7

Regions Supplied: Thompson okanagan

Company Notes:

Pilgrims' Produce is committed to growing certified organic fruits and vegetables by sustainable methods to steward the land as best as possible for future generations. We prefer to sell directly to the consumer at farmers' markets (Vernon and Armstrong) and through our Community Shared Agriculture box program. We also offer u-pick strawberries. We have begun to develop a temperate, edible forest garden that will include fruit trees (plums, cherries, apricots), nut trees, and minor berry crops (e.g. saskatoons, choke cherries) using an agroforestry model.

Products Available:

Certified Organic Vegetables - Fall Summer

In season, asparagus, broccoli, chard, potatoes, tomatoes, sweet peppers, English cucumbers, onions, squash and more. Cert. NOOA 04007.

Certified Organic Berries - Spring Summer

Strawberries and raspberries, very flavourful, vine ripened as well as beautiful. Cert. NOOA 04007.

Certified Organic Carrots - Fall Summer

Power washed, ready to eat. Cert. NOOA 04007.

Certified Organic Plums - Fall

Early Golden, Santa Rosa, Shiro, Italian Prune, Greengage and 7 other varieties. Cert. NOOA 04007.

Certified Organic Salad Greens - Fall Spring Summer

Several varieties of lettuce plus young arugula, mizuna, tatsoi, mustard greens. Cert. NOOA 04007.

Spinach - Fall Spring Summer

Cert. NOOA 04007

Tamarac Fresh Cut Foods Ltd. - 250-765-2211

Contact: Tony DiMaria
Toll Free:
Phone: 250-765-2211
Cell:
Fax: 250-765-2703
Email: tdimaria@okanagan.net
Website: <http://www.russandtonys.com>

Address:
PO Box 41122 RPO S.
Winfield, BC
V4V 1Z7

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

The purpose of Russ and Tony's Fresh Sliced Apples is to provide fresh sliced produce for health conscious people. Consumers are taking active measures to improve their diet through avoiding foods that are high in carbohydrates, fats and sugars. Apples are high in fibre, low in fat and easy to enjoy - a perfect snack!!

Products Available:

Fresh Sliced Organic Apples - Fall Winter

Packaged in 60 gram to 454 gram poly food service sizes. Available seasonally (fall to spring).

Fresh Baby Carrots - Year Round

Fresh packaged (60 gram

Fresh Sliced Peppers - Year Round

Fresh sliced and peeled peppers for food service or fresh diced as well, packaged in 60 gram (snack size) up to 454 gram (food service) poly bags.

Fresh Sliced Apples - Year Round

Fresh sliced apples packaged in 60 gram, 114 gram (snack size) with or without Caramel dips, or Cheese cubes, up to 454 gram (food service) poly bags.

Fresh Sliced Pears - Fall Winter

Fresh sliced pears packaged in 60 gram (snack size) up to 454 gram (food service) poly bags.

Available: November to March

Taves Family Farm - Applebarn - 778.241.1822

Contact: Joslin Sanderson
Toll Free:
Phone: 778.241.1822
Cell:
Fax: 888.345.8972
Email: info@applebarn.ca
Website: <http://www.applebarn.ca>

Address:
333 Gladwin Rd.
Abbotsford , BC
V2Y 5Y1

Regions Supplied: All of BC

Company Notes:

Locally grown produce, berries, apples & pumpkins. Catering to restaurants, markets, and families. Call us to experience a taste of the country.

We also grow: Black Currants - Summer Red Currants - Summer Pink Currant - Summer Red Gooseberries - Summer Green Gooseberries - Summer Corn - Late Summer & Fall Apples (several varieties) Late Summer & Fall Pumpkins - Fall Bell Peppers (yellow, orange, green & red) - Spring, Summer, & Fall Stiletto Peppers - very sweet - Spring, Summer, & Fall

Products Available:

Cherry - Fall Spring Summer

These are grown hydroponically in our greenhouse and are crisp and flavorful. These are great for salads or vegetable skewers.

Beefsteak Tomatoes - Fall Spring Summer

We grow large crisp beefsteak tomatoes in our greenhouse. These are great for salads or burgers.

Butter Head Lettuce - Year Round

We grow beautiful butterhead lettuce hydroponically in our greenhouse. We leave the roots stock on the lettuce to increase it's shelf life.

Heirloom Tomatoes - Fall Spring Summer

We grow a variety of heirloom tomatoes that are a variety of colours. The flavor of these tomatoes is exceptional and is a great addition to any salad.

Apple Cider - Fall Winter

We press our own Apple Cider here on our farm made from our own apples. We do not add water or any other ingredients to our Apple Cider. You can get the cider two different ways: Fresh Cider: is UV light pasteurized and is served in plastic containers (like milk jugs). This has a two week shelf life. Glass: Our cider that is served in our unique glass jugs is boiled and will keep on a shelf for years. It only needs to be refrigerated after it has been opened.

Black Currant and Red Currant Jams - Year Round

On our farm we also grow currants and have made our own black currant and red currant jams. This can be ordered in either 250ml or 125ml class jars.

Campari Tomatoes - Fall Spring Summer

The red plump tomatoes are a great size for salads and are also grown in our greenhouse.

Long English Cucumbers - Year Round

Our Long English Cucumbers are a consistent size and have a great flavor. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

Mini Cucumbers - Year Round

Our mini cucumbers are very sweet and crunchy. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

Red Pepper Jelly - Year Round

We also have a greenhouse where we grow an assortment of veggies, including peppers. We have used the peppers to make a red pepper jelly. This is a spicy red pepper jelly containing jalepenos but it is great with mozzarella sticks, pizza or on chicken.

Spiced Apple Cider - Fall Winter

We also make another variety of the same cider but we add mulling spices. This is popular at Christmas time and is great cold or served as a warm cider. Some restaurants we have sold to add rum to this warm drink at Christmas time and tell me it is quite popular. The Spiced Cider comes in glass only for clients who are re-selling it but for serving purposes it can be sold in plastic with about a 6 week shelf life.

The Vinegar Works at Valentine Farm - 250-494-7300

Contact: B. Kim Stansfield

Toll Free:

Phone: 250-494-7300

Cell:

Fax: 250-494-7399

Email: veggies@valentinefarm.com

Website: <http://www.valentinefarm.com>

Address:

10216 Gould Avenue

Summerland, BC

V0H 1Z8

Regions Supplied: Thompson okanagan

Company Notes:

We produce high-quality artisan food products that are organically grown and processed. We rely on ecologically-based practices such as biological and cultural pest management and the conservation of non-renewable resources. Our products are handcrafted using Old World techniques in limited runs.

Products Available:

Certified Organic Coronation Grapes - Summer

1 ton available.

Certified Organic Gewurztraminer White Wine Vinegar - Year Round

200 ml organically grown and organically processed, handcrafted using Old World techniques in limited runs. Beautiful packaging available.

Certified Organic Raspberries - Summer

1 acre available.

Fruit Infused Vinegars - Year Round

Apricot, plum, raspberry, and elderberry are available, but quantities are not as great. Please call for availability.

Triple F Farms - 250-498-3623

Contact: Ruth McDonald

Toll Free:

Phone: 250-498-3623

Cell:

Fax: 250-498-3623

Email: ruth_mcdonald@hotmail.com

Website:

Address:

RR2 S15 C17

Oliver, BC

V0H 1T0

Regions Supplied: Thompson okanagan

Company Notes:

I own a small-scale farm in the Okanagan. Most of my farm consists of a wetland. The balance, which I run myself, is a mix of certified-organic fruits and asparagus. We sell to Alberta residents as well.

Products Available:

Asparagus - Spring

Certified organic, LEOGA #421

Apricots - Summer

Certified organic, LEOGA #421

Cherries - Summer

Certified organic, LEOGA #421

Peaches - Summer

Certified organic, LEOGA #421

Plums - Summer

Certified organic, LEOGA #421

Vale Farms Grassroots Ltd. - 250-547-2382

Contact: Lorna Ruechel
Toll Free: 866-567-2300
Phone: 250-547-2382
Cell:
Fax: 250-547-6080
Email: valefarms@telus.net
Website: <http://www.valefarms.com>

Address:
106 Dure Meadow Road
Lumby, BC
V0E 2G7

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

We are a multi-generational family farm, and are proud to produce delicious, nutritious products for our community. We strive to maintain a wholistic balance with nature on our farm, protect wildlife and biodiversity, and encourage others to experience and learn about farming!

Products Available:

Certified Organic Sea Buckthorn Berries - Fall Summer

Delicious, tart, and bright orange, these berries and the juice we make from them are available in August and September. High in Vitamin C, minerals, antioxidants and countless other vitamins!

Certified Organic Garlic - Summer

Yugoslavian Racombole variety. Hand weeded and picked. Available July and August.

Grass-fed Certified Organic Beef - Year Round

A large variety of cuts available, sold frozen to ensure year-round supply. Bulk and specialty orders available in the fall. Hormone free, antibiotic free, no animal by-products fed, and SPCA certified to guarantee humane treatment.

Organically-Raised, Pastured Pork -

Certified organically-raised on Big Bear ranch in Horsefly, BC, this delicious free-range pork is available in frozen, individual cuts. No animal by-products fed, no hormones or antibiotics. Seasonal availability.

Pasture-Raised, Grass-Fed Lamb - Fall Winter

Grass-fed, Chemical Free Lamb

Availability: Fall to Spring

Pasture-raised, grass-fed lamb. Bulk orders available in the fall and frozen individual cuts available from late fall to spring. Free from synthetic hormones, antibiotics, and no animal by-products fed.