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Contents

Avalon Dairy Limited - 604-434-2434	2
Currie Creek Ranch - 250-748-9653	4
Pinegrove Farms Ltd. - 604-852-2159	5

Company results for 'Eggs' under 'Vancouver island'

Avalon Dairy Limited - 604-434-2434

Contact: Gay Hahn

Toll Free:

Phone: 604-434-2434

Cell:

Fax:

Email:

Website: <http://www.avalondairy.com>

Address:

5805 Wales Street

Vancouver, BC

V5R 3N5

Regions Supplied: All of BC

Company Notes:

A BC family-owned and operated dairy, we are 100 years old, established in 1906. We produce milk in an old-fashioned glass milk bottle, making the milk last longer and taste fresher. We are the home of BC's first certified organic milk. We welcome everyone to come and visit our heritage site and retail outlet.

Products Available:

Organic Ice Cream - Year Round

Our organic ice cream is the wonderful taste of vanilla, and it is available in a 1 litre container.

Organic Cheese - Year Round

Our organic cheese is available in random cuts, 5 lb blocks and in larger sizes; mild, medium, and aged. We allow our cheese to age to perfection, and each flavor has the perfect bite!

Organic Egg Nog - Winter

Come and try our organic egg nog in a 1-litre carton. It is available from November to the beginning of January. Three out of four Santas on City TV stated that our organic egg nog was the best they ever tasted!

Organic Eggs - Year Round

Our organic eggs come from chickens that have the ability to graze and live on land that is free of all residues, synthetic fertilizers, and pesticides. Our eggs come in 4 different sizes: small, medium, large, extra large. Remember: the smaller the egg, the fresher it is and the tastier.

Organic Milk - Year Round

Our organic milk comes in a 1-litre glass bottle, as well as in a 2-litre plastic jug, 1-litre carton, (1/2 litre and 250 ml) for our creams. Our organic milk products consist of skim, 1%, 2%, homo, chocolate milk, cereal cream and whipping cream. Coming soon to Avalon is organic milk in a 4-litre plastic jug.

Organic Salted and Unsalted Butter - Year Round

Comes in 1 lb and 250 g blocks. It is one of our many products that is sure to be very creamy. There is no ant-caking agent in our butter.

Organic Sour Cream - Year Round

Our organic sour cream is available in 500 ml and 250 ml sizes. It is a nice, thick product; you really need to shake the spoon to get it off. Great for any time of year.

Organic Yogurt - Year Round

Our organic yogurt is available in a 500 g container and is a tasty, 2%, plain yogurt. Our 175 g containers are filled with great tastes of strawberry, peach, blueberry or raspberry.

Currie Creek Ranch - 250-748-9653

Contact: Melissa Collins

Toll Free:

Phone: 250-748-9653

Cell:

Fax: 250-748-9683

Email: info@curriecreekranch.ca

Website: <http://www.curriecreekranch.ca>

Address:

4470 Cowichan Lake Road

Duncan, BC

V9L 6J8

Regions Supplied: Vancouver island

Company Notes:

Currie Creek Ranch raises free range, all-veggie-fed poultry (chickens, Cornish game hens, and turkey). We also offer free range, large brown eggs from all-veggie-fed chickens. We raise all of our birds in a natural environment on 10 acres offering lots of lush pasture. We focus on the quality of life of all of our birds and they are kept meticulously clean and healthy. We are also open to raising free range, all-veggie-fed duck, quail, and/or geese if there is sufficient interest!

Products Available:

Eggs - Year Round

We also have large brown eggs available from free range, all-veggie-fed chickens. Our layers have access to 10 acres to roam and product excellent quality large-sized eggs.

Cornish Game Hens - Year Round

Free range, all -veggie-fed Cornish Game Hens. Our birds are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our Cornish Game Hens are butchered at 4-5 weeks for the ultimate in tenderness and flavour. Some of our current clients include the luxury Salt Spring Island Hasting House Resort. Our Cornish Game Hens are available fresh from April-October. Frozen Cornish Game Hens are available year round.

Frying and Roasting Chickens - Year Round

Free range, all-veggie-fed frying and roasting chickens. Our birds are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our birds are tender, juicy, and very popular! Some of our current clients include the luxury Salt Spring Island Hasting House Resort. Fresh chickens are available from April-October. Frozen chickens are available year round.

Turkey - Fall

Free range, all-veggie-fed Broad-Breasted Bronze turkeys. The Broad Breasted Bronze is a heritage breed and offers large tender breasts and exceptional flavour! Our turkeys are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our turkeys are ready fresh for Thanksgiving and we also have frozen turkey available year round.

Pinegrove Farms Ltd. - 604-852-2159

Contact: Ralph Regehr

Toll Free:

Phone: 604-852-2159

Cell:

Fax: 604-852-2150

Email: rdregehr@telus.net

Website:

Address:

2130 Mt. Lehman Road

Abbotsford, BC

V4X 2L6

Regions Supplied: Lower mainland Vancouver island

Company Notes:

Products Available:

Certified Organic Free Range Eggs - Year Round

Free Range Eggs - Year Round