SPECIALTY FOOD DIRECTORY



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# E-Fish-Ent Fish Company - 250 642 4007

Contact:Bryan MooneyToll Free:250 642 4007Phone:250 642 4007Cell:250 642 4057Fax:250 642 4057Email:bryan@e-fish-ent.caWebsite:http://www.e-fish-ent.ca

## Address:

1941 Goodridge Rd Sooke, BC V0S 1N0

# Regions Supplied: All of BC

## **Company Notes:**

E-Fish-Ent Fish Company Ltd. is a seafood processing business located on the West Coast of Vancouver Island in beautiful British Columbia, Canada. Our plant is federally licensed and inspected. An ongoing testing and sampling program by the Canadian Department of Fisheries and Oceans is in place for quality control (HACCP). Our products are of an all-natural origin without any added preservatives or artificial substances. Our salmon fillets are handled with utmost care, using the best ingredients available. All of our fish have been individually selected, hand cut, and hand packaged. We strive to maintain the highest possible standards. The salmon is smoked with locally grown wood for a great smoke flavor in the traditional style of the Canadian West Coast. Custom processing: We have a specialty processing and canning facility where we are able to prepare and thermally process fruits, vegetable sauces, meats or seafood. We are primarily interested in doing custom processing work and do very little in direct sales. Please see our website for more information or give us a call.

## **Products Available:**

Smoked Salmon Pate - Year Round Our Smoked Salmon Pate is fresh-frozen and vacuum packed.

## Salmon Candy - Year Round

Salmon candy is a thick strip of salmon, which has been salted and sweetened and then smoked, creating a chewy sweet delicacy. Awesome treat! Product is fresh-frozen and vacuum packed.

## Smoked Salmon - Year Round

It is smoked salmon, preserved in its own juices in a flexible gold foil "can," and needs no refrigeration until opened. These retort packages are great gifts and can be mailed around the world. They have a shelf life of at least five years. 4 oz, 8 oz Pink or Sockeye foil packs are available.

# Forest to Fork - 250-732-2063

Contact: Brenda Cadieux Toll Free: Phone: 250-732-2063 Cell: Fax: Email: info@foresttofork.com Website: http://www.foresttofork.com

## Address:

Unit 113 - 1175 Rosehill Road Kamloops, BC V2E 1G9

## **Regions Supplied:** All of BC

## **Company Notes:**

All mushrooms collected in the prestine forests of BC. Recipes developed and created since 1989 and hand made. Please see our website for more information.

## **Products Available:**

## Dried Wild Mushrooms - Year Round

22 varieties (ie, Chanterelle, Morel, Lobster, Pine, Boletus). Sold in packages and loose quantities. Packages contain dried herbs added to mushroom base.

## Preserved Mushroooms - Year Round

Preserved mushrooms in oil and wine vinegar, all laboratory tested. They come in jar and boxed sets.

# Wild Morel Mushroom Bisques, Soups and Sauces - Year Round

Can specify product for consumption.

## Wild Mushroom Marinade Vinegrette - Year Round

## Wild Mushroom Pate - Year Round

Dariay based, dried with instructions on the back, ready to use or in dried form. Pate can be specified with 22 different varieties of mushrooms.

# Kootenay Kitchen - 250-447-9263

Contact: Ron Liddle or Diana Carr Toll Free: Phone: 250-447-9263 Cell: Fax: 250-447-9263 Email: info@organicgourmet.ca Website: http://www.organicgourmet.ca

Address: 2065 Haaglund Road Christina Lake, BC V0H 1E3

## **Regions Supplied:** All of BC

## **Company Notes:**

Family-run, home-based, artisan specialty food producers. We are committed to certified organic principles. Our passion is producing food that is both delicious and nutritious.

## **Products Available:**

#### Vege Pata Jalapeno - Year Round

Sold retail in 190 g vacuum packed units, but available in larger quatities for food service needs. 84% certified organic; certifed VEGAN; using extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients, with sources as close to home as possible. Jalapeno and habanero peppers are added for a sparkling twist to conventional flavoured pate. Though VEGAN, our pate is loved by carnivores! All original recipes.

## Goma - Fall Spring Summer Winter Year Round

Same recipe as the Sea Vegetable Gomashio, except with no sea salt in the recipe. This savoury sprinkle is good on all the foods listed above, and since it is not salted, it is also great on desserts like ice cream and puddings. Original recipe.

## Sea Vegetable Gomashio - Fall Spring Summer Winter Year Round

Less sea salt, with the addition of kelp and dulse and a splash of tamari. Get the added nutrition of the sea veggies and less salt for those wishing to reduce salt in their diet. Original recipe. All our gomashios are certified by PACS #16-243.

## Traditional Gomashio - Year Round

Taditional Gomashio sold retail in 170 g units. A also available in 1 kg bags for food service needs. A time-honoured Japanese condiment, Gomashio is roasted and ground sesame seed. 100% certified organic, certified VEGAN. Sprinkle on rice/grains, potatoes, popcorn, corn on the cob, salads, subs, soups, in salad dressings.

## Vege Pate Curry - Fall Spring Summer Winter Year Round

Pate with a wonderful curry flavour, but with no heat. Our pate can be eaten as a sandwich spread. Several coffee shops use it as a quick vegetarian menu option, in a bunwich, or used as a VEGAN filling for sausage rolls with puff pastry, or simply served with crackers as an appy.

## Vege Pate Herb - Year Round

Sold retail in 190 g vacuum-packed units, but availabe in larger quatities for food service needs. 84% certified organic; certified VEGAN. Made with extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients with sources as close to home as possible.