## SPECIALTY FOOD DIRECTORY



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# Company results for 'Watercress' under 'Thompson okanagan'

## Mountain Springs Farm - 250-497-8209

**Contact:** Phyllis Jmaeff

**Toll Free:** 

Phone: 250-497-8209

Cell:

Fax: 250-497-6309 **Email:** jmaeff@vip.net

Website: http://www.mountainspringscentre.ca

#### **Address:**

Box 113, 564 Hwy. 3A

Kaleden, BC V0H 1K0

Regions Supplied: Thompson okanagan

## **Company Notes:**

Our farm is part of the Mountain Springs Nature Retreat and is located in a pristine, isolated area where the air and water are clean and pure.

### **Products Available:**

## Certified Organic Snowpeas - Fall Summer

Available seasonally.

#### Berries - Summer

Red Currants, Black Currants and Gooseberries, certified organic.

### Certified Organic Strawberries - Spring

Available seasonally.

#### Garlic - Fall

Large bulbs, strong flavoured, certified organic.

### Green Beans - Fall Summer

Our specialty is the Russian Yellow Bean. Both beans are very tender and certified organic.

#### Variety of Herbs - Fall Summer

Dill and chamomile, certified organic.

#### Watercress - Fall Summer

Available from a pristine running creek.