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Cowichan Valley Organic Farms - 250-748-8089

Contact: David Wiebe

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Cell:

Fax:

Email: DavidW3@telus.net

Website:

Address:

6182 Lakes Road

Duncan Road, BC

V9L 4J5

Regions Supplied: Vancouver island

Company Notes:

Cowichan Valley Organic Farms, situated one hour north of Victoria, lies on the outskirts of Duncan. The valley is renowned for its fertile soils and excellent climate as denoted by the name Cowichan (Warmland). The climate is conducive to growing to maturity hot weather crops such as peppers, melons, tomatoes and others. Cowichan Valley Organic Farms, is an Islands Organic Producers Association (IOPA) member in good standing and has been certified organic since 1998. We have been providing quality organic produce to restaurants, grocery stores and home delivery programs in the Cowichan and Victoria areas for the past eight years and look forward to expanding our production and market. We love what we do.

Products Available:

Melons - Fall Summer

Certified Organic - Seasonal

Basil - Spring Summer

Certified Organic - Seasonal

Beets - Fall Summer

Certified Organic - Seasonal

Broccoli - Summer

Certified Organic - Seasonal

Carrots - Fall Summer

Certified Organic - Seasonal

Cauliflower - Summer

Certified Organic - Seasonal

English Cucumbers - Fall Summer

Certified Organic - Seasonal

Lettuce - Spring Summer

Certified Organic - Seasonal

Peas - Summer

Certified Organic - Seasonal

Peppers - Fall Summer

Certified Organic - Seasonal

Potatoes - Fall Summer

Certified Organic - Seasonal

Pumpkins - Fall Summer

Certified Organic - Seasonal

Radishes - Summer

Certified Organic - Seasonal

Squash - Fall Summer

Certified Organic - Seasonal

Strawberries - Summer

Certified Organic - Seasonal

Tomatoes - Fall Summer

Certified Organic - Seasonal

Pattison Farms - 250-897-2510

Contact: Gerry Pattison

Toll Free:

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Cell:

Fax: 250-337-8772

Email: patfarm@telus.net

Website:

Address:

2124 Dzini Rd

Black Creek, BC

V9J-1H1

Regions Supplied: Vancouver island

Company Notes:

All of the vegetables grown on our family farm are British Columbia Certified Organic, PACS # 16-115. We grow everything from seed to maturity ourselves. Each vegetable is hand planted, weeded and harvested to ensure the very best in taste, quality and freshness. We grow many varieties of heritage and open-pollinated vegetables. Also available are certified organic, vegetable bedding plants. Basil: Standard, Green Ruffled, Purple Standard, Purple Ruffled, Thai, Lime. Cucumbers: Long English, Standard, Lemon. Forty varieties of Tomatoes, many open-pollinated and heritage varieties. Hot Peppers: many varieties from Jalapeno to Habanero. Sweet Peppers: Bells, Sweet Banana and Pepprocini. Eggplant: Standard, Japanese, Turkish and Fairytale. Tomatillos: Green and Purple. Thank you for your interest in our family farm.

Products Available:

Winter Beets - Fall Winter

Winter Keeper (very sweet)

Beans - Summer

Green and yellow

Beets - Summer

Beet Greens; Standard Beets; Cylinder Beets; Yellow Beets.

Broccoli - Summer

Standard Broccoli, crowns and shoots.

Carrots - Summer

Orange Baby; Yellow Baby; Purple Baby; Red Baby.

Cauliflower - Summer

Purple; Orange; Romanesco.

Cucumber - Summer

Long English and Lemon

Eggplant - Summer

Standard Purple; Fariy Tale Baby; Turkish-Orange with Green Stripes; Japanese Long.

Endive - Summer

Head, green leaf

Fennel - Summer

Baby Bulbs

Green Bunching Onions - Summer

Hot Peppers - Green House Grown - Summer

Habanero Red; Jalapeno Green; Jalapeno Purple; Thai Dragon Chile; Hungarian; Hot Wax Banana; Ancho; Serrano; Paprika; plus a limited amount of other exotic hot peppers.

Kohl-Rabi - Summer

Green Baby Bulb

Lettuce -

Parsnips - Fall Winter

Peas - Summer

Shelling, Sugar and Snap Peas

Pumpkins - Fall

Standard Jack-o-Lantern; French Red Roasting.

Radish - Summer

Red, Easter Egg

Spinach - Summer

Summer Squash - Summer

Baby Yellow Patty Pan; Baby Yellow Zucchini; Baby Green Zucchini.

Sweet Peppers - Green House Grown - Summer

Green Bell and Sweet Banana.

Swiss Chard - Summer

Bright Lights

Tomatillo - Summer

Standard Green and Purple

Tomatoes - Green House Grown - Summer

Red Slicing; Roma-Red; Yellow; Cherry Tomatoes - Red Standard, Yellow Standard, Black Standard, Red Grape and Yellow Grape.

Tree Fruit -

Bartlett Pears and Apples

Variety of Herbs - Spring Summer

Basil - Green Standard and Ruffled, Purple Ruffled. Chives - Broad Leaf. Cilantro - Flat Leaf and Fancy Leaf. Parsley - Italian Giant. Dill - Baby Dill. Fennel- Baby Fino Bulbs.

Winter Squash - Fall

Spaghetti and Butternut

Yellow Roasting Carrot - Fall Winter