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# Company results for 'Squash' under 'Thompson okanagan'

## A & L Gardens - 250-499-5492

**Contact:** Art and Lina Nugteren

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**Cell:**

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**Email:** artandlina@nethop.net

**Website:**

**Address:**

2281 Agar Rd

Cawston, BC

VOX ICO

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan Vancouver island

### Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

### Products Available:

#### Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

#### Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

#### Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

#### Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

#### Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

#### Tomatoes - Roma and Field - Fall Summer

Available August - October

#### Winter Squash - Fall

Mixed varieties

## Iron Gates Natural Farm & Pottery - 250-453-2273

**Contact:** Jan Krueger

**Toll Free:**

**Phone:** 250-453-2273

**Cell:**

**Fax:**

**Email:** jankrueg@telus.net

**Website:**

**Address:**

Box 855

Ashcroft, BC

V0K 1A0

**Regions Supplied:** Lower mainland Thompson okanagan

### Company Notes:

Most of our squashes and melons are grown from seeds collected by Native Seeds/Search of Tuscon, Arizona or the Seeds of Change organization. Our focus is in crops that have adapted to our northern growing conditions and have unique qualities of flower and storability.

### Products Available:

#### Melons - Heirloom - Fall

Black Mountain watermelon: a black, red-fleshed watermelon. Sweet Siberian watermelon: an elongated, yellow-fleshed watermelon. Santo Domingo deep ribbed: a large, heavy, orange-fleshed melon, green to light yellow coloring, excellent rich melon flavour and aromatic. Oka melon: a Canadian heirloom from the Montreal area. Deep-ribbed, netted skin with orange, very sweet flesh and very aromatic. Banana melon: elongated, orange-fleshed melon with a green skin, on trial this year. Emerald gem melon: light-green, slightly netted skin with orange flesh, on trial this year. Prescott Fond Blanc melon: a deep-ribbed, warty-surfaced melon with orange flesh, on trial this year. Charentais melons.

#### Apples - Fall

Mackintosh, Gravenstein, Transparent, Gala, Kings, Bramley, Empire, Wealthy, Sunrise, Belle de Boscoop, Spartan, Roxbury Russet, Newtown Pippin

#### Beans - Summer

Green and Yellow Beans

#### Beets - Fall Summer

Firnabiva Beets (cylindrical beet, very sweet flavour and a good keeper)

#### Butter Lettuce - Spring Summer

Butter Lettuce

#### Carrots - Fall Summer

Nantes and Touchon Deluxe Carrots

#### Corn - Fall

Golden Jubilee corn

#### Cucumber - Fall

Armenian Cucumber: a long, thin, lime-green cucumber having an edible skin and mild flavour.

### Fruits - Fall Spring Summer

Raspberries, Red and Black Currants, Nanking Cherries (a small red or white, semi-sweet cherry). Make excellent jams and sauces, whites look like large pearls. Bing and Van cherries, Apricots, Peaches, Green Gage Plums, Japanese Plums (small red plum with an orange flesh), Bartlett Pears.

### Garlic - Fall

Italian Red garlic, hard necked; Chesnook garlic, hard necked; Georgian Fire garlic, hard necked; Russian Red garlic, hard necked; Lorz Italian garlic, soft necked; German red garlic, hard necked (in development, available in 2006).

### Onions - Fall

Utah White onion (large, sweet white onion that is also used as a green onion when young), Utah Yellow onion (large, sweet yellow onion), Red Whitherspoon onion (flattened sweet red onion), Egyptian onion (a top setting onion, small in size, used as a shallot, pink colour when peeled, pungent when raw.) All onion varieties are good keepers.

### Peas - Summer

Sugar and Standard Peas

### Peppers - Fall

Buran (a medium sized pepper with a tender skin and sweet flesh); Napoleon Sweet (a larger sweet pepper); Lemon Drop (a hot, small yellow pepper); Cyklon (an elongated, hot red pepper).

### Potatoes - Fall Summer

White Rose potato (fine textured potato having an elongated shape, much favoured by European customers in the West End farm market). Victoria yellow potato.

### Spinach - Summer

Spinach

### Squashes - Heirloom - Fall

Early Canadian Crook Necked Squash: a yellow, warty-surfaced, summer squash that doesn't cook down to mush. Penasco: a flattened, white to bluish, hard skinned Hubbard-like squash, fine textured and sweet. Average weight 15 lbs (heirloom). Mayo Blusher: a bluish, elongated squash with pinkish or orange colouring washing over the undercolour. Fine-textured with a flavour similar to sweet potato. Average weight 15-20 lbs (heirloom). Fordhook Acorn: a buff-coloured acorn-type squash. Guatemalan Blue Banana squash: an elongated, bluish-coloured squash (heirloom). Thelma Sanders Sweet Potato squash: a teardrop-shaped squash (heirloom). Kobacha: a buttercup-style squash with dense flesh and small seed cavity. True Pie Pumpkin, 4-7 lb: pumpkin that has a dense flesh that makes superior pumpkin purees (heirloom). Guatamala Blue Banana Squash: a large, dark orange-fleshed sqash having a cylindrical shape (heirloom). Spaghetti squash.

### Tomatoes - Fall

Black from Tula (a greenish, black to purple tomato having a fantastic flavour); Cherokee Purple (a greenish, purple tomato with great flavour); Brandywine (a large-sized red tomato with great flavour).

## Kettle River Farm - 250-442-3532

**Contact:** Owen Broad  
**Toll Free:**  
**Phone:** 250-442-3532  
**Cell:**  
**Fax:** 250-442-3532  
**Email:** onfarm@telus.net  
**Website:**

**Address:**  
3795 Almond Gardens Rd.  
Grand Forks, BC  
V0H 1H4

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan

**Company Notes:**  
Certified organic farm in the beautiful Grand Forks Valley, situated on the Kettle River.

**Products Available:**  
Certified Organic Echinacea, Augustifolia Root - Fall Summer Winter  
Very potent dried root.

Certified Organic Onions, Red and Yellow - Fall Winter  
Available seasonally.

Certified Organic Winter Squashes - Fall Winter  
Many varieties, good sizing for box deliveries. Available seasonally.

## Klippers Organic Acres - 250-499-2050

**Contact:** Kevin & Annamarie Klippenstein

**Toll Free:**

**Phone:** 250-499-2050

**Cell:**

**Fax:** 360-499-2050

**Email:** klippersorganics@nethop.net

**Website:**

**Address:**

2205 Ferko Road, RR #1 S-88 C-11

Cawston, BC

V0X 1C0

**Regions Supplied:** Lower mainland Thompson okanagan

**Company Notes:**

We pride ourselves in picking everything vine ripened and tree ripened, which brings out more flavours. We sell only fresh items.

**Products Available:**

**Dried Peaches - Year Round**

Different sized bags available.

**Apple Chips - Year Round**

Different sized bags available. Apples are kiln dried making them very crisp. Apple Nuggets are great for adding to dishes.

**Apple Juice - Year Round**

48 oz jars. Mixture of organic apples. Cases 6 X 48 oz. Juice is made with all fresh apples.

**Apples - Fall Summer**

Mutsu, Spartan, Golden, Red, Fuji, Macs.

**Dried Prune Plums - Year Round**

Different sized bags available.

**Dried Tomatoes - Year Round**

Different sized bags available.

**Eggplant - Fall Summer**

4 different varieties. All picked vine ripened.

**Heirloom Tomatoes - Fall Summer**

37 different varieties. All have unique flavours and are picked vine ripened.

**Italian Prune Plums - Fall Summer**

Picked tree ripened

**Melons - Fall Summer**

Cantelope, Honeydew, Watermelon, Musk melons. All picked vine ripened.

### Peppers - Fall Summer Winter

17 different varieties. Sweet peppers - Hot peppers. All picked vine ripened.

### Peppers - Fall Summer

17 different varieties. Sweet peppers - Hot Hot peppers. All picked vine ripened.

### Squash - Fall

12 varieties from Butternut - Spaghetti.



# Mariposa Organic Farm - 250-499-5379

**Contact:** Karl Eriksen/Sarah Martin  
**Toll Free:**  
**Phone:** 250-499-5379  
**Cell:**  
**Fax:** 250-499-5379  
**Email:** mariposaorganicfarm@nethop.net  
**Website:**

**Address:**  
S33 C10 RR1  
Cawston, BC  
V0X 1C0

**Regions Supplied:** Lower mainland Thompson okanagan

## Company Notes:

Small family farm focused on getting the best quality food to the consumer. We use greenhouses and floating row covers to maximize continuity of supply through longest season possible. Careful handling of food at all stages maintains appearance and keepability.

## Products Available:

### Field Cucumbers - Fall Summer

Focus on very early product with good continuity of supply. Picked as ordered for next day delivery. Careful attention to detail (turning) when harvesting prevents any yellow belly. Available in 20 or 40 lb boxes, packed in perforated cherry bag for freshness. Available seasonally.

### Head Lettuce - Spring

Living butter lettuce in a perforated lettuce bag with roots attached for maximum freshness. Kept clean while growing, requires minimal washing. Available seasonally.

### Long English Cucumbers - Fall Spring Summer

Large (1lb) LE cuke hand wrapped and stickered. Soil grown for optimum flavour. Picked as ordered for next-day delivery. Best flavour of any LE cuke available. Available seasonally.

### Summer Squash - Fall Summer

Small spaghetti squash (2-3 lb) ready in August. Multiple selective harvests guarantee every squash is ripe and delicious. Available in 40 lb boxes. Available seasonally.

### Swiss Chard - Fall Spring

Multicolored, medium-sized bunches, picked fresh as ordered for next day delivery. Boxes of 12 or 24 bunches in a cherry bag to prevent wilting. Lightly misted with water. Not cheap, but guaranteed fresh and attractive. Available seasonally.

### Tomatoes - Fall Summer

Started early in greenhouse but field-grown in heated rows for true field tomato taste out of season. Harvest begins in late June instead of August. Carefully picked at peak flavour for next day shipping. Only varieties that maintain firmness when red and sweet are grown. Packed in flat 20 lb. tray to avoid bruising. Available seasonally.

### Winter Squash - Fall Winter

Many popular varieties. Multiple selective harvests guarantee every squash is ripe and delicious. Careful handling prevents scarring and punctures. Looks great on displays at Thanksgiving. Custom packing of mixed varieties for multicoloured displays. Available

in 40 lb boxes. Available seasonally.