SPECIALTY FOOD DIRECTORY



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A & L Gardens - 250-499-5492

Contact: Art and Lina Nugteren Toll Free: Phone: 250-499-5492 Cell: Fax: 250-499-5492 Email: artandlina@nethop.net Website:

Address: 2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

Products Available:

Hot and Sweet Peppers - Summer Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer Mixed varieties

Nugget Potatoes, Red and White - Spring Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer Available August - October

Winter Squash - Fall Mixed varieties

Canyon City Farm - 250-428-7835

Contact: Randy & Annette Moore Toll Free: Phone: 250-428-7835 Cell: Fax: 250-428-7835 Email: moorebc@shaw.ca Website:

Address: 5089 Canyon-Lister Road Canyon, BC V0B 1C1

Regions Supplied: Kootenay

Company Notes:

We are a family-operated organic farm. We sell to retail outfits, as well as gate sales.

Products Available:

Organic Squash - Fall Summer Winter

Organic Beets - Fall Summer Winter

Organic Carrots - Fall Summer Winter

Organic Onions - Fall Summer Winter

Organic Parsnips - Fall Summer Winter

Organic Potatoes - Fall Summer Winter

Kettle River Farm - 250-442-3532

Contact: Owen Broad Toll Free: Phone: 250-442-3532 Cell: Fax: 250-442-3532 Email: onfarm@telus.net Website:

Address: 3795 Almond Gardens Rd. Grand Forks, BC V0H 1H4

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

Certified organic farm in the beautiful Grand Forks Valley, situated on the Kettle River.

Products Available:

Certified Organic Echinacea, Augustifolia Root - Fall Summer Winter Very potent dried root.

Certified Organic Onions, Red and Yellow - Fall Winter Available seasonally.

Certified Organic Winter Squashes - Fall Winter

Many varieties, good sizing for box deliveries. Available seasonally.