SPECIALTY FOOD DIRECTORY



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# Kan's Gourmet Food Inc. - 604-733-2923

Contact:Khanu LalaniToll Free:604-733-2923Cell:778-371-8580Fax:778-371-8580Email:info@kansgourmetfoods.comWebsite:http://www.kansgourmetfoods.com

#### Address:

5033 Still Creek Ave Burnaby, BC V5C 6N5

Regions Supplied: Lower mainland Vancouver island

### **Company Notes:**

Specialty Samosas and Wheat Free appetizers.

### **Products Available:**

Chicken Samosas - Year Round

All white meat chicken samosas with exceptional taste and flavour. Cooked in Non GMO expeller pressed canola oil.

#### Beef Samosas - Year Round

Lean Ground beef in an original recipe, cooked in Non GMO expeller pressed canola oil.

#### Indian Appetizers - Year Round

Assortment of wheat free fritters such as pakoras, mini falafels, squash fritters, onion bhaji and quinoa nuggets. We also have a variety of marinades and sauces available. Please visit our website for descriptions.

#### Quinoa Samosas - Year Round

Healthy and tasty, cooked in Non GMO expeller pressed canola oil.

#### Veggie Samosas - Year Round

Original recipe, no preseratives added. Cooked in Non GMO expeller pressed canola oil.

# Punjab Milk Foods Inc. - 604-594-9190

Contact:Gurpreet ArnejaToll Free:604-594-9190Cell:604-594-9108Fax:604-594-9108Email:arneja@nanakfoods.comWebsite:http://www.nanakfoods.com

Address: #200-14666 64th Avenue Surrey, BC V3S 1X7

#### Regions Supplied: Lower mainland

#### **Company Notes:**

All products are made in a federally-approved facility. Products have an authentic flavour and texture. There is no compromise on quality.

#### **Products Available:**

#### Paneeer Pakora - Year Round

Served as appetizers, paneer slices are mainated in a spicier mint chutney and battered with a special corn flour batter and panfried. Available in 400 gms x 12 cases and for food service, 908 gms x 6 bags.

#### Gajar Halwa - Year Round

Served as a dessert or with tea or coffee. Made with shredded carrots, cooked in milk and garnished with almonds and raisins.

#### Ghee -

Also known as clarified butter or AMF (anhydrous butter fat). However, ghee has a cooked flavour as compared to AMF or clarified butter. Available in 400 gms x 12 pcs or 800 gms x 12 pcs or 1.6 kg x 6 pcs or 3 kg pails.

#### Kheer - Year Round

Resembles rice pudding. However, it is entirely vegetarian (no eggs) and has carmelized and cooked milk flavour instead of thickening the milk by using gums.

#### Paneer - Year Round

Available under Nanak brand in 400 gms x 24 pcs; for food service, 1.75 kg x 6 pcs in a case. Paneer is a soft, unripened cheese. It does not run or melt upon heating or frying. It behaves like tofu; however, it is made from cow's milk. It is typically used in Indian entrees, appetizers, stir frys, and wraps.

#### Paneer Entrees - Year Round

Ready to eat frozen entrees. Available in 5 varieties: Shahi Paneer; Paneer Tikka Masala; Chili Paneer; Palak Paneer; and Matar Paneer. Available in 400 gms x 12 pcs per case. For food service, 2 kg x 6 trays, as in a case. The entrees are produced with real, authentic taste.

#### Paneer Poppers - Year Round

Served as appetizers, paneer sticks are marinated with mint chutney and are battered and breaded with J crumbs and panfried. Available in 400 gms x 12 packs and for food service, 908 gms x 6 bags in a case.

## Rasmalai (Popular Indian Dessert) - Year Round Generally considered a delicacy. Available in 400 gms x 24 pcs; and for food service, 1 kg x 10 trays in a case.