SPECIALTY FOOD DIRECTORY



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Canada Specialty Foods Directory

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# Campbell's Pheasantry - 604-856-4375

**Contact:** Carol Wunderlich

**Toll Free:** 

**Phone:** 604-856-4375

Cell:

**Fax:** 604-856-4375

Email: ccwunderlich@shaw.ca

Website:

#### **Address:**

7902 Satchell Street Abbotsford, BC V4X 2B4

Regions Supplied: Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

Campbell's Pheasantry has been growing free range pheasant, our own brand, since 1976, right here in Abbotsford, B.C. Our birds are grown outdoors in flight pens, given no antibiotics or growth hormones, and fed a totally vegetable diet (which contains no animal by-products). Exclusive distributor is Hills Foods of Coquitlam, 604-472-1500, servicing local markets, Vancouver Island, B.C. Interior, and throughout Canada. Calls or visits from chefs and buyers are gladly accepted at the farm, and we're always happy to answer questions.

#### **Products Available:**

## Free Range Pheasants - Fall Winter

Whole or specialty cuts, fresh or fresh-frozen. Available year round, with fresh season being September through February. Campbell's Pheasant is antibiotic and growth hormone free. Our pheasants are grown outdoors (not in barns) on an all-vegetable diet. They are described as the wildest tasting farmed pheasant around.

## Currie Creek Ranch - 250-748-9653

**Contact:** Melissa Collins

Toll Free:

**Phone:** 250-748-9653

Cell:

**Fax:** 250-748-9683

Email: info@curriecreekranch.ca
Website: http://www.curriecreekranch.ca

#### Address:

4470 Cowichan Lake Road Duncan, BC V9L 6J8

Regions Supplied: Vancouver island

### **Company Notes:**

Currie Creek Ranch raises free range, all-veggie-fed poultry (chickens, Cornish game hens, and turkey). We also offer free range, large brown eggs from all-veggie-fed chickens. We raise all of our birds in a natural envionment on 10 acres offering lots of lush pasture. We focus on the quality of life of all of our birds and they are kept meticulously clean and healthy. We are also open to raising free range, all-veggie-fed duck, quail, and/or geese if there is sufficient interest!

#### **Products Available:**

### Eggs - Year Round

We also have large brown eggs available from free range, all-veggie-fed chickens. Our layers have access to 10 acres to roam and product excellent quality large-sized eggs.

#### Cornish Game Hens - Year Round

Free range, all -veggie-fed Cornish Game Hens. Our birds are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our Cornish Game Hens are butchered at 4-5 weeks for the ultimate in tenderness and flavour. Some of our current clients include the luxury Salt Spring Island Hasting House Resort. Our Cornish Game Hens are available fresh from April-October. Frozen Cornish Game Hens are available year round.

## Frying and Roasting Chickens - Year Round

Free range, all-veggie-fed frying and roasting checkens. Our birds are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our birds are tender, juicy, and very popular! Some of our current clients include the luxury Salt Spring Island Hasting House Resort. Fresh chckens are available from April-October. Frozen chickens are available year round.

## Turkey - Fall

Free range, all-veggie-fed Broad-Breasted Bronze turkeys. The Broad Breasted Bronze is a heritage breed and offers large tender breasts and exceptional flavour! Our turkeys are raised in a natural environment with no medications in the feed and no animal by-products. We focus on quality of life with all of our birds. They are given free access to outdoors and lush pastures and are kept clean and healthy throughout their lives. Our turkeys are ready fresh for Thanksgiving and we also have frozen turkey available year round.

# E-Fish-Ent Fish Company - 250 642 4007

**Contact:** Bryan Mooney

**Toll Free:** 

**Phone:** 250 642 4007

Cell:

**Fax:** 250 642 4057

Email: bryan@e-fish-ent.ca
Website: http://www.e-fish-ent.ca

## **Address:**

1941 Goodridge Rd Sooke, BC V0S 1N0

**Regions Supplied:** All of BC

### **Company Notes:**

E-Fish-Ent Fish Company Ltd. is a seafood processing business located on the West Coast of Vancouver Island in beautiful British Columbia, Canada. Our plant is federally licensed and inspected. An ongoing testing and sampling program by the Canadian Department of Fisheries and Oceans is in place for quality control (HACCP). Our products are of an all-natural origin without any added preservatives or artificial substances. Our salmon fillets are handled with utmost care, using the best ingredients available. All of our fish have been individually selected, hand cut, and hand packaged. We strive to maintain the highest possible standards. The salmon is smoked with locally grown wood for a great smoke flavor in the traditional style of the Canadian West Coast. Custom processing: We have a specialty processing and canning facility where we are able to prepare and thermally process fruits, vegetable sauces, meats or seafood. We are primarily interested in doing custom processing work and do very little in direct sales. Please see our website for more information or give us a call.

## **Products Available:**

## Smoked Salmon Pate - Year Round

Our Smoked Salmon Pate is fresh-frozen and vacuum packed.

### Salmon Candy - Year Round

Salmon candy is a thick strip of salmon, which has been salted and sweetened and then smoked, creating a chewy sweet delicacy. Awesome treat! Product is fresh-frozen and vacuum packed.

### Smoked Salmon - Year Round

It is smoked salmon, preserved in its own juices in a flexible gold foil "can," and needs no refrigeration until opened. These retort packages are great gifts and can be mailed around the world. They have a shelf life of at least five years. 4 oz, 8 oz Pink or Sockeye foil packs are available.

# Fir Hill Farm - 250-629-3819

**Contact:** Barbara Grimmer

**Toll Free:** 

**Phone:** 250-629-3819

Cell:

**Fax:** 250-629-6398

Email: firhillfarm@gulfislands.com

Website:

## Address:

2310 Grimmer Road Pender Island, BC V0N 2M1

Regions Supplied: Vancouver island

## **Company Notes:**

Sustainable heritage farm in the Gulf Islands. Raising premium-quality, pasture-raised lamb and beef. Also producing heritage turkeys for limited sale.

## **Products Available:**

## Heritage Breed Turkey - Year Round

Provinically inspected. Sold whole.

## Lamb, Pasture Raised - Year Round

Provincially inspected. Custom cut and wrapped. Individual cuts available (leg roasts, chops, racks, etc.) or sold by whole or half.

## Forest to Fork - 250-732-2063

Contact: Brenda Cadieux

**Toll Free:** 

**Phone:** 250-732-2063

Cell: Fax:

Email: info@foresttofork.com
Website: http://www.foresttofork.com

**Address:** 

Unit 113 - 1175 Rosehill Road Kamloops, BC V2E 1G9

**Regions Supplied:** All of BC

## **Company Notes:**

All mushrooms collected in the prestine forests of BC. Recipes developed and created since 1989 and hand made. Please see our website for more information.

### **Products Available:**

## Dried Wild Mushrooms - Year Round

22 varieties (ie, Chanterelle, Morel, Lobster, Pine, Boletus). Sold in packages and loose quantities. Packages contain dried herbs added to mushroom base.

### Preserved Mushroooms - Year Round

Preserved mushrooms in oil and wine vinegar, all laboratory tested. They come in jar and boxed sets.

## Wild Morel Mushroom Bisques, Soups and Sauces - Year Round

Can specify product for consumption.

## Wild Mushroom Marinade Vinegrette - Year Round

## Wild Mushroom Pate - Year Round

Dariay based, dried with instructions on the back, ready to use or in dried form. Pate can be specified with 22 different varieties of mushrooms.

# Fraser Valley Duck & Goose Ltd. - 604-823-4435

**Contact:** Randi Dueck

**Toll Free:** 

**Phone:** 604-823-4435

Cell:

**Fax:** 604-823-4306

**Email:** randi@twinmaple.com **Website:** http://www.fvdg.com

#### Address:

4540 Simmons Road Chilliwack, BC V2R 4R7

Regions Supplied: Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

Fraser Valley Duck & Goose Ltd. was founded in 1981. It was purchased in 1998 by the Twin Maple Group of Companies out of

Abbotsford, BC. The farm and processing facilities are family owned and operated, and we control every aspect of the business from breeding to shipping to ensure the highest quality birds and finest service available.

Fraser Valley Duck & Goose is the premiere supplier of "The freshest duck in town― to the BC marketplace. Virtually every part of the duck is

marketed; the main products being whole and duck pieces. Duck is a healthy, heart-smart, choice for every day dining. It's not just for special occasions anymore†you can enjoy duck in a variety of easy-to-serve recipes at home. Experience each tender, juicy bite, full

of rich, mouth-watering flavour. Please check our website or call our store for a complete list of products available.

"Give chicken a break, eat duck!―

## **Products Available:**

### Duck Pieces - Year Round

Boneless duck breasts, bone-in duck breasts, duck leg quarters, duck legs, and duck wings. Many other duck pieces are available. Please contact our store or visit our website for more information. All duck pieces are packaged in either bulk or Cryovac packaging.

### Grade "A" Ducks - Pekin - Year Round

Available in the following sizes: 1.80 kg (4 lb) - 2.60 kg (5.75 lb). This product may be ordered fresh or frozen. Packaging may be bulk or Cryovac packaging.

## Grade "A" Geese - Embden - Fall Summer

Available in the following sizes: 3.25 kg (7 lb) - 7 kg (15.50 lb). This product may be ordered fresh or frozen. All product is packaged in Cryovac packaging.

# Happy Pig Organic Farm - 250 846 5989

**Contact:** Marlene Thimer

**Toll Free:** 

**Phone:** 250 846 5989

Cell: Fax:

Email: happypigorganicfarm@gmail.com

Website:

### Address:

21641 Walcott Road Telkwa , BC V0J 2X2

Regions Supplied: All of BC Bulkley nechako North coast

## **Company Notes:**

Happy Pig Organic Farm is a family owned small scale certified organic farm on 320 acres in the Bulkley Valley near Smithers, BC. All of our animals are pasture raised so that they can root, scratch and peck as nature intended.

## **Products Available:**

## pasture raised Turkey - Fall

Certified Organic, pasture raised Turkey, PACS 16-466

Available Seasonally

## Pasture raised Berkshire Pork - Year Round

Certified Organic, pasture raised Berkshire pork, PACS 16-466. Available throughout the year.

## Pasture raised Chicken - Fall Summer

Certified Organic, pasture raised Chicken, PACS 16-466

Available Seasonally

# Holly Hill Farm - V9G 1C1

Contact: Penny Stapleton Toll Free: 250-713-1984 Phone: V9G 1C1

Cell:

**Fax:** 250-245-9557

Email:

Website: hollyhillfarm@telus.net

**Address:** 

3038 Hill Rd, Ladysmith

BC

Regions Supplied: Lower mainland Vancouver island

**Company Notes:** 

http://www.hollyhillfarmlamb.net

**Products Available:** 

## Inis Eile Farm - 250 629-3964

**Contact:** Martha McMahon

**Toll Free:** 

**Phone:** 250 629-3964

Cell: Fax:

**Email:** penderislandfarm@gulfislands.com

Website:

### Address:

4501 Bedwell Hbr. Rd. Pender Island, BC V0N 2M1

Regions Supplied: Vancouver island

### **Company Notes:**

Gulf Island Lamb. This lamb has the wonderful mild flavour of Gulf Island Lamb. The lamb from this farm has the special attribute of coming from a flock of Rare Breeds Cotswold sheep. These sheep are on Rare Breeds Canada's critical list of endangered breeds. Speciality local lamb from this flock provides a way of returning these endangered breeds to a position of economic viability on small farms and thus helps support efforts at bio-diversity and genetic conservation of farm animals. Inis Eile Farm is in the process of developing Farm Stay opportunities and on-farm artisan wool products from the flock of Rare Breeds Cotswold sheep

## **Products Available:**

## Lamb - Year Round

Gulf Island Lamb. This lamb has the wonderful mild flavour of Gulf Island Lamb. The lamb from this farm has the special attribute of coming from a flock of Rare Breeds Cotswold sheep. These sheep are on Rare Breeds Canada's critical list of endangered breeds. Speciality local lamb from this flock provides a way of returning these endangered breeds to a position of economic viability on small farms and thus helps support efforts at bio-diversity and genetic conservation of farm animals

# JD Farms Specialty Turkey - 604-856-2431

**Contact:** Jack Froese

**Toll Free:** 

**Phone:** 604-856-2431

Cell:

**Fax:** 604-856-2437

Email: turkey@jdfarms.net
Website: http://www.jdfarms.net

#### Address:

24726 52nd Avenue Langley, BC V2Z 1E2

Regions Supplied: Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

J.D. Farms is a family-owned business specializing in turkeys grown without antibiotics and without animal byproducts in the feed. Certified JD Specialty Turkeys by J.R. Consulting. Available fresh at Easter, Thanksgiving and US Thanksgiving and Christmas. Frozen throughout the year. Available in the 11 to 16 lb sizes (we only produce turkey hens as they tend to have the best flavour). Available in Grade A or Utility Grade (Utility means missing a part; meat quality is the same).

### **Products Available:**

## Certified JD Specialty Turkeys - Fall Spring Summer Winter Year Round

Turkeys grown without antibiotics and without animal byproducts in the feed. Certified JD Specialty Turkeys by J.R. Consulting. Available fresh at Easter, Thanksgiving and US Thanksgiving and Christmas.

# Jerseyland Organics - 250-442-8112

**Contact:** Ric or Vickie Llewellyn

Toll Free:

**Phone:** 250-442-8112

Cell: Fax:

Email: jerseyland@telus.net

Website: http://www.jerseylandorganics.com

Address:

2690 Almond Gardens Road, P.O. Box 1468 Grand Forks, BC V0H 1H0

**Regions Supplied:** All of BC

### **Company Notes:**

Jerseyland was BC's first organic dairy producer and on-farm processor. Jerseyland develped BC's first organic yogurts and is still produces the only non-homogenized (cream at the top) yogurt available from BC. We are an ethical producer. Our farming practices are humane, environmentally friendly, the way farms should be run in an "ideal world." We are located in the The Boundary district just east of the Okanagan in the "hot" interior dry belt. Our cheeses contain no "microbial enzymes" as these are generally genetically modified food ingredients, and we do not use them.

## **Products Available:**

## Certified Organic Angus Beef - Year Round

Jerseyland is certified organic and certified by the BCSPCA for humane practices. All Jerseyland beef is "grass finished". No animals are ranged on

public lands - thus not damaging wildlife habitat or riparian areas. Jerseyland beef is slaughtered in a provincially licenced abattoir. CFIA-inspected carcasses are cut and wrapped on customers' specific requests. Limited cuts are available in inventory (frozen only)

## Creme Fraiche (Sour Cream) - Year Round

34% bf 100% Jersey cream (non-homogenized) - pasteurized cream. Special order only.

## Organic Butter - Year Round

Bulk 2.2 kgs blocks (service industry) This is "real," handmade farm butter, no water added, salted or unsalted. Rich yellow colour from the Jersey cream - used exclusively by chefs for its distinct flavour. Can be limited availability due to market demand.

## Organic Cheddar Cheese - Year Round

Mild, medium and limited amounts of aged organic cheddar in bulk in 10 kg blocks, deli blocks or retail. 250 g packages (pre-priced or unpriced). White plain cheddar or Leicester cheddar available. Flavoured cheddar - Onion

## Organic Feta Cheese (Cow's Milk) - Year Round

Canada's only organic feta available in bulk 10 kg blocks, or retail packaged.

We "age" our feta for a more distinct flavour. Available in plain or sundried tomato/oregano/onion mixed, packaged in brine.

#### Organic Gouda Cheese - Year Round

Mild and medium available in bulk 10 kg blocks, deli blocks or retail packaging.

Available in plain. Flavoured Goudas - Garlic

## Organic Grana Cheeses - Year Round

Parmesan or Asiago which are both raw milk cheeses. Available generally in mild, medium or aged, bulk 10 kg blocks, deli blocks or retail packaged. Distinct award-winning cheeses.

## Organic Yogurts - Year Round

Available in 5% non-homogenized Plain or Low Fat (.3% bf) 4 litre pails, 1 kg (1 litre), 500 ml or 175 ml. Flavours available - French Vanilla (real organic vanilla extract, non-artificial), strawberry, blueberry.

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# Karin's Country Farm - 250-746-7191

**Contact:** Geoffrey & Karin Bruce

**Toll Free:** 

**Phone:** 250-746-7191

Cell:

**Fax:** 250-746-7149

**Email:** karinscountry@telus.net

Website:

Address:

3899 Gibbins Road Duncan, BC V9L 6E8

**Regions Supplied:** Lower mainland Vancouver island

### **Company Notes:**

Karin's Country Farm has been operating in the Cowichan Valley on Vancouver Island since 1993. Our products are made using only the finest of ingredients, and we take great pride in using meat only from ethically raised animals. You can find our sausage in most of the health food stores on Vancouver Island and Salt Spring Island and through SPUD on the Lower Mainland. Karin's Country Farm is in the process of expanding its product line to include chicken pies made with free run, free range and/or certified organic chicken; organic vegetables; and organic flour and chicken soups. Both will be available frozen; pies will be unbaked and ready for the oven, both single and family size. Soups will also be frozen. These products should be available later this year.

## **Products Available:**

### Chicken Sausage Rolls - Year Round

Sold unbaked and ready for the oven. Made with Karin's Country Farm Herb

### Chorizo Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A very spicy sausage, containing goodly amounts of paprika and cayenne. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

#### Herb - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A fairly mild sausage with a bold garlic flavour. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

#### Hot Italian Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A spicy sausage, great in pastas and other Italian dishes. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

## Maple Blueberry Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A great breakfast sausage made with dried blueberries and real Canadian maple syrup. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

## Mediterranean Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A very mild sausage with sun dried tomatoes, parsley and a hint of garlic. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

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# Kootenay Kitchen - 250-447-9263

**Contact:** Ron Liddle or Diana Carr

Toll Free:

**Phone:** 250-447-9263

Cell:

**Fax:** 250-447-9263

Email: info@organicgourmet.ca
Website: http://www.organicgourmet.ca

#### Address:

2065 Haaglund Road Christina Lake, BC V0H 1E3

**Regions Supplied:** All of BC

### **Company Notes:**

Family-run, home-based, artisan specialty food producers. We are committed to certified organic principles. Our passion is producing food that is both delicious and nutritious.

#### **Products Available:**

## Vege Pata Jalapeno - Year Round

Sold retail in 190 g vacuum packed units, but available in larger quatities for food service needs. 84% certified organic; certifed VEGAN; using extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients, with sources as close to home as possible. Jalapeno and habanero peppers are added for a sparkling twist to conventional flavoured pate. Though VEGAN, our pate is loved by carnivores! All original recipes.

#### Goma - Fall Spring Summer Winter Year Round

Same recipe as the Sea Vegetable Gomashio, except with no sea salt in the recipe. This savoury sprinkle is good on all the foods listed above, and since it is not salted, it is also great on desserts like ice cream and puddings. Original recipe.

## Sea Vegetable Gomashio - Fall Spring Summer Winter Year Round

Less sea salt, with the addition of kelp and dulse and a splash of tamari. Get the added nutrition of the sea veggies and less salt for those wishing to reduce salt in their diet. Original recipe. All our gomashios are certified by PACS #16-243.

## Traditional Gomashio - Year Round

Taditional Gomashio sold retail in 170 g units. A also available in 1 kg bags for food service needs. A time-honoured Japanese condiment, Gomashio is roasted and ground sesame seed. 100% certified organic, certified VEGAN. Sprinkle on rice/grains, potatoes, popcorn, corn on the cob, salads, subs, soups, in salad dressings.

#### Vege Pate Curry - Fall Spring Summer Winter Year Round

Pate with a wonderful curry flavour, but with no heat. Our pate can be eaten as a sandwich spread. Several coffee shops use it as a quick vegetarian menu option, in a bunwich, or used as a VEGAN filling for sausage rolls with puff pastry, or simply served with crackers as an appy.

## Vege Pate Herb - Year Round

Sold retail in 190 g vacuum-packed units, but availabe in larger quatities for food service needs. 84% certified organic; certified VEGAN. Made with extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients with sources as close to home as possible.

## Markt Artisian Deli Inc. - 250-585-5337

Contact: Ryan Zuvich

**Toll Free:** 

**Phone:** 250-585-5337

Cell: Fax:

Email: marktartisandeli@gmail.com
Website: http://www.marktartisandeli.com

**Address:** 

#102-5281 Rutherford Road Nanaimo, BC V9T 5N9

Regions Supplied: Vancouver island

### **Company Notes:**

The main focus of our company is to use and source local, ethical, and were applicable, organic products to produce artisanal products using traditional, natural methods and techniques

### **Products Available:**

## Traditional method - Year Round

Traditional and original recipes in small batches. We do not use any artificials, or synthetics. We only use meat sourced from local, ethical farms. We smoke in small batches using only natural fruit wood smoke. Most smoked products can be nitrite free and will be done by request

## Fresh, Hand-made Artisan Sausages - Year Round

We make a wide variety of flavours ranging from traditional to modern (original recipes) all in small batches. We do not use any fillers, binders, artificials, synthetics or preservatives. We only use meat sourced from local, ethical farms. Some recipes are subject to seasonal availability

### Hand Crafted, Original Recipe Fine and Coarse Pates - Year Round

We make a wide variety of flavours ranging from traditional to modern (original recipes) all in small batches. We do not use any fillers, binders, artificials, or synthetics. We only use meat sourced from local, ethical farms. Some recipes are subject to seasonal availability.

## Original Recipe Soups and Stocks - Year Round

All our soups are made from local products from scratch. We do not use any preservatives. We use minimal salt in our soups and no salt in our stocks. All meats and bones used for soups are sourced from local, ethical farms. Soups are subject to seasonal availability but are available year round.

## Smoked Artisan Sausages - Year Round

We make a wide variety of flavours ranging from traditional to modern (original recipes) all in small batches. We do not use any fillers, binders, artificials, or synthetics. We only use meat sourced from local, ethical farms. We smoke in small batches using only natural fruit wood smoke. Most smoked products can be nitrite free and will be done by request. Some recipes are subject to seasonal availability

## Moccia Urbani Foods - 778-355-9339

Contact: Stefan Urbani

**Toll Free:** 

**Phone:** 778-355-9339

Cell:

**Fax:** 778-312-0121

**Email:** 

Website: http://www.moccia.ca

Address:

2723B Murray Street Port Moody , BC V3H1X1

**Regions Supplied:** Lower mainland Vancouver island

**Company Notes:** 

### **Products Available:**

## Artisan Dry Cured Salami - Year Round

8 flavours of salami dry cured in the Italian tradition. Fennel, Spicy Fennel, Argentinian, Roman, Truffle Salami, Abruzzo, Sicilian, Fig Toscano.

#### Meatballs - Year Round

Traditional Italian meatballs made with BC Pork. We also produce meatballs stuffed with ricotta cheese and parsley.

## Argentinian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork, flavoured with oregano, red wine and Spanish paprika.

## Hot Italian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork.

## Mild Italian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork.

### RISOTTOBALLSR - Year Round

Balls of creamy Italian risotto with fresh mozzarella cheese coated in a crispy breading. Available in five varieties: Plain, Mozzarella, With Italian Sausage, With Primavera Vegetables, with Porcini Mushrooms and With Ragu Sauce.

This is a frozen product that can be re-heated from frozen for 20 minutes in a standard oven.

## Toulouse Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork, flavoured with white wine, nutmeg and smoked bacon.

# Omega Blue Farms - 250-757-2006

**Contact:** Wayne & Dawn Osborne

**Toll Free:** 

**Phone:** 250-757-2006

Cell: Fax:

Email: bcbreeder@lycos.com

Website: http://www3.telus.net/OmegaBlue/

**Address:** 

1075 Spider Lake Road Qualicum Beach, BC V9K 2L7

Regions Supplied: Vancouver island

**Company Notes:** 

## **Products Available:**

### Duck - Year Round

Duck - Standard Bred Muscovy, naturally pastured and processed using traditional farm practices. Locally developed line. No Chemicals, Hormones, Antibiotics, etc. Available upon custom order.

## Heritage Chicken - Year Round

Heritage Chicken - Slow grown, naturally pastured, and processed using traditional farm practices. Locally bred lines. No Chemicals, Hormones, Antibiotics, etc. Available upon custom order.

## Heritage Turkey - Fall

Heritage Turkey - Standard Bred Bronze. Locally developed line. Naturally pastured and processed using traditional farm practices. No Chemicals, Hormones, Antibiotics, etc. Available upon custom order.

## Vegetables - Fall

Various vegetables grown under non-certified organic conditions. Natural Spring fed irrigation. Fertilized by compost from poultry farm. Virgin land, we are the first to farm it and have never used chemicals. We will custom grow specialty fruit and vegetables on a contract basis.

## Pasture-to-Plate/Rafter 25 Ranch - 604-254-6782

**Contact:** Barbara Schellenberg

**Toll Free:** 

**Phone:** 604-254-6782

Cell: Fax:

Email: grassfedmeats@pasture-to-plate.com
Website: http://www.pasture-to-plate.com

### Address:

3215 Grant Street Vancouver, BC V5K 3J1

Regions Supplied: Lower mainland Thompson okanagan Vancouver island

### **Company Notes:**

We are a family business; our livestock is grass fed and grass finished.

Our pigs are on pasture, supplemented with certified organic peas and finished on milk and organic apple pulp. Our livestock forages on luscious pastures in the beautiful Chilcotin valley, ensuring optimum animal and human health. We use biodynamic practices to support biodiversity and are in partnership with The Land Conservancy. Our meat is high in CLA, omega 3 fatty acids and beta carotene.

### **Products Available:**

## Certified Organic Lamb - Year Round

Frozen, available year round. Special orders can be accommodated.

## Certified Organic Beef - Year Round

Frozen, available year round. Special orders can be accommodated.

## Certified Organic Pork - Year Round

Frozen, available year round. Special orders can be accommodated.

## Sausages - Year Round

Our fresh frozen sausages come 4 per pack, have no fillers and are made with 100% grass fed meat. All ingredients are certified organic; plus we use our own honey, wild crafted spices and organic grey sea salt containing over 80 minerals! Sausages include: "The Rangerider" (with Juniper); "The Cowpoke" (with Garlic); "The Wrangler" (with Blueberry); and "The Drifter" (with Sage).

## Polderside Farms Inc. - 604-823-7324

Contact: Virginia Jacobsen

**Toll Free:** 

**Phone:** 604-823-7324

Cell:

**Fax:** 604-823-7325

Email: polderside@shaw.ca

Website:

#### Address:

4843 Giesbrecht Road Chilliwack, BC V2R 4R1

**Regions Supplied:** Lower mainland Vancouver island

## **Company Notes:**

Naturally raised, free-run duck - but not pastured outdoors. No hormones or antibiotics. Our chickens are a European variety, (commonly grown for the LaBelle Rouge certification), non-hybridized, slo-growth. We are growing them under the same conditions as the Long-Island ducks: barn raised, low density, free-run, no antibiotics, all vegetable-grain feed plus sunflower seeds. They are air-chilled and cryovaced, whole.

## **Products Available:**

## Chicken - Year Round

Our chickens are a European variety, (commonly grown for the LaBelle Rouge certification), non-hybridized, slo-growth. They are air-chilled and cryovaced, whole.

## Duck Meat - Year Round

Vegetable-grain (sunflower seeds) fed ducks. Whole or cut-up.

# Premium Brands Food Group - 604-668-5950

**Contact:** Rob Aitken

**Toll Free:** 

**Phone:** 604-668-5950

Cell:

**Fax:** 604-668-5969

**Email:** mike.bissell@pbfoodgroup.com

Website:

### Address:

7720 Alderbridge Way Richmond, BC V3N 4J7

**Regions Supplied:** All of BC

## **Company Notes:**

Premium Brands Food Group provides the food service industry with premium high-quality, best-in-the-class products.

### **Products Available:**

## Refigerated and Shelf Stable Products -

Processed by Grimm's Fine Foods and Harlan Faribanks

### Back Bacon - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Deli Full Muscle - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Deli Sliced Meats - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Ham - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Meat Snacks - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Pre-cooked Sausages - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Smoked Sausage - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

# Sloping Hill Farm - 250-752-0570

**Contact:** Dirk Keller

Toll Free:

**Phone:** 250-752-0570

Cell: Fax:

Email: slopinghill@shaw.ca

Website:

### Address:

350 Parker Road Qualicum Beach, BC V9K 1X4

**Regions Supplied:** Lower mainland Vancouver island

### **Company Notes:**

Free range, heritage breed pork, all on the list of rare breeds of Canada. Our pigs are allowed to roam freely, socialize and engage in instinctive behavior such as rooting, wallowing and foraging. All breeding animals live in social groups; even the boars are together with the sows all the time. There is no teeth clipping, tail docking or ear marking. we leave our litters together to avoid stress and fighting. Our sows are not crated. Instead, they give birth naturally and raise their young without interference. All animals have free-choice access to outdoors at any time. Sunshine, fresh air, good feed and a stress-free environment eliminate the need for any medications. No animal by-products are used in our feed except for occasional milk and hard boiled eggs. We don't administer antibiotics routinely and don't use hormones or steroids at all. We grow everything on the farm that makes the difference in our pigs' diet and, with that, the quality of our pork. Our farm has no waste issues; manure is returned to the soil where it becomes fertilizer. Our pork is selected to have a high percentage of intramuscular fat, like a choice steak. You can expect a different texture of the meat, darker colour, more marbling and incomparable flavour compared to any conventionally-raised pork. Truly local, truly exceptional pork!

#### **Products Available:**

## Landrace Pigs - Year Round

Free range-raised, heritage breed pork, listed among the rare breeds of Canada.

## Berkshire Pigs (Kurobuta Pork) - Year Round

Free range-raised, heritage breed pork

## Hampshire Pigs - Year Round

Free range-raised, heritage breed pork.

## Tamworth Pigs - Year Round

Free range-raised, heritage breed pork, listed among the rare breeds of Canada.

# Stonefield Farm - 250-743-3861

**Contact:** Pat Swan

**Toll Free:** 

**Phone:** 250-743-3861

Cell:

**Fax:** 250-743-3861

Email: stonefield\_farm@yahoo.com

Website:

## Address:

1114 Deerwood Place Mill Bay, BC V0R 2P2

Regions Supplied: Lower mainland Vancouver island

## **Company Notes:**

Naturally-raised specialty meats.

## **Products Available:**

Naturally Raised Pork - Fall Spring Summer

Grass-Fed Beef - Fall

Naturally Raised Chicken - Year Round

Naturally Raised Turkey - Fall

# The Blue Goose Cattle Company Ltd. - 604-980-9106

**Contact:** Doug Sinclair

**Toll Free:** 

**Phone:** 604-980-9106

Cell:

**Fax:** 604-980-9146

Email: info@bluegoosecattle.com
Website: http://www.bluegoosecattle.com

#### Address:

#123 - 1305 Welch Street North Vancouver, BC V7P 1B3

**Regions Supplied:** All of BC

## **Company Notes:**

Farm gate to dinner plate quality control. Developing markets for economically-viable and ecologically-sustainable ranching.

### **Products Available:**

Beef Jerky, Sausages, Hamburger Patties - Year Round

Chemical and preservative free.

## Certified Organic Beef Products - Year Round

Our free range, grain-finished beef is raised without the use of antibiotics, growth-inducing hormones, or animal by-products. It is dry-hung and hand cut for exceptional flavour and quality. Fresh block cuts to NAMP standards or flash frozen in individual portions. 2005 winner of "Best Beef in BC," "Chef's Choice", and "Critic's Choice" awards. Featured product in "EAT! Vancouver 2005" exhibit. British Columbia raised and processed beef, distributed from North Vancouver distribution warehouse.

## Thomas Reid Farms Ltd. - 604-856-5050

Contact: Brad Reid

**Toll Free:** 

Phone: 604-856-5050 Cell: 604-308-8200 Fax: 604-856-9093 Email: bkreid@direct.ca

Website: http://www.trforganic.com

#### Address:

5050 244 Street Langley, BC V2Z 1G5

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

Thomas Reid Farm is BC's first certified organic chicken farm. The farm is owned and operated by Brad Reid and his family. They are committed to producing the most natural organic chicken in the world. Certified Organic Chicken= No Pesticides or Medication. Thomas Reid Farm's chicken is sold fresh, or frozen whole or in cut-parts.

## **Products Available:**

Organic Whole Chickens and Products - Year Round

Certified organic chicken, whole, pieces, sausage, marinated chicken wings, and chicken broths.

## Traehus Haven Farm - 250-248-8754

**Contact:** Bev Roberts or Pete Pottruff

**Toll Free:** 

**Phone:** 250-248-8754

Cell: Fax:

Email: thaven@shaw.ca

Website:

Address: P.O. Box 294

Errington, BC V0R 1V0

Regions Supplied: Vancouver island

### **Company Notes:**

Our pork is from hogs raised on a small farm. They are fed Vegetarian feed with no hormones or antibiotics. Feed is of a maintenance ration and therefore meant for animals living longer lives and not force fed. Hogs take a little longer to reach market size. They are loose housed with lots of room to roam and have shavings and hay/straw bedding. Our butcher works with us to prepare packages of any sizing and all specialty orders. A hands on operation with close contact between owners and animals.

### **Products Available:**

### Pork Products - Year Round

Pork from hogs raised on small farm. Vegetarian feed with no hormones or antibiotics. Feed is of a maintenance ration and therefore meant for animals living longer lives and not force fed. Hogs take a little longer to reach market size. Loose housed with lots of room to roam and have shavings and hay/straw bedding. Our butcher works with us to prepare packages of any sizing and all specialty orders. A hands on operation with close contact between owners and animals.